

Mikayla and Dylan are making a splash!

Swimming records have already started to fall and we are only three events in to our school swimming carnival.

Mikayla Hughes started this carnival the way she ended the last carnival, breaking the open girls 200m IM and 400m freestyle and the 15's girls 200m freestyle events. All three records were previously held by Mikayla's mum.

Dylan Forde now has his name in the school records, breaking the 13 year boys 200m freestyle record previously held by George Mitton.

Congratulations Mikayla and Dylan.

A full list of winners and records will be in our next newsletter.





Jim and Tati are Sydney bound!

After attending the ASC State Qualifying round at Cootamundra, Jim and Tatianna Hazell have qualified for the state finals to be held at the Sydney Royal Easter Show. Tatianna placed first in the beef cattle judging and Jim placed first in both the beef cattle paraders and grain judging.

Congratulations Tati and Jim and good luck in the upcoming state finals.



Principal's Report

We are pleased to announce that The Henry Lawson High School will be moving towards a single communication app in 2022, the SENTRAL for Parents App. It will be a single place for parents to find newsfeed, messages, calendar, forms, newsletter, notifying student absences and much more.

Furthermore, our school is in the final stages of installing a new digital message board that will be located at the front of the school. This screen will have a rolling display of messages and information relevant to the school community.

We anticipate that the SENTRAL App and new digital message board will benefit the school community with an improved parent experience, while continuing to strengthen Antigen Tests (RATs) are to be completed at home every the school as a cohesive educational community.

We would like to welcome Noah Ryan to the staff as part of whenever experiencing symptoms. the Learning Support team

My name is Noah Ryan and I have just started as an SLSO they need to: here at The Henry Lawson High School. Cowra has been my home for the past 20 years. A proud local, I completed my HSC at Cowra High School, spending many years representing the local football teams such as the Magpies and Eagles. To this day I continue to play for the Eagles fuelled by my love for the sport. When not on a footy field you'll find me teeing up for a round of golf or studying to complete my bachelor degree in secondary P.E Teaching. I'm excited to be a part of The Henry Lawson team and can't wait for the year ahead.



Our planned 'Meet the Teachers'/Parent & Teacher Interview evening was to be held on Monday 14 February. This has been postponed until the early stages of Semester 2 as a result of COVID guidelines.

The parent subject/course flyers that were prepared for this evening have been mailed to parents this week.

Parents who would like to request a virtual meeting with any staff member can do so by contacting the office. The requested staff member will be in touch with a confirmation time and details.

By sharing information about learning we will work in partnership with parents to ensure all students continue to enjoy their school experience while making a successful transition to future learning and employment. Rapid Monday and Wednesday morning before school and

If a student or staff member receives a positive RAT result,

- record the positive RAT result through the Service NSW website or Service NSW app
- notify the school of the positive RAT or PCR result as soon as possible and follow NSW Health advice to isolate for 7 days.

Negative results do not need to be reported to Service NSW or to the school.

Any student or staff member who is unwell and/or displays symptoms of COVID-19 will be asked to go home and stay until they can complete a RAT or PCR test.

- If symptoms continue, they should stay at home and take another RAT in 24 hours or have a PCR test.
- If the second RAT or initial PCR test result is negative and they are displaying no symptoms OR they are diagnosed as another condition such as hay fever, the student or staff member can return to school.

Aaron Flagg Principal

The Henry Lawson High School P&C would like to invite parents and carers to their monthly meeting.

Upcoming dates: Tuesday 1 March at 7pm Grenfell Rugby Union Club House

Tuesday 5 April at 7pm Grenfell Rugby Union Club House

Come along and see first hand how our P&C supports our school and your students.

Show Team head to Cootamundra State Qualifiers

Miss Whale together with four students attended the ASC State Qualifying rounds of fruit and vegetable, merino fleece, merino sheep, meat sheep, beef cattle, grain judging and paraders in Cootamundra last week, in a bid to qualify for the state final to be held at the Sydney Royal Easter Show in April.

With 50 competitors aged from 15 to 25, the competition was very strong, with three of our students placing in at least one event.





Jim Hazell took out 1st place and scored himself a place in the state final for grain judging as well as beef cattle parading. Tatianna Hazell also secured 1st place in beef cattle judging and 3rd in fruit and vegetable judging. Both Jim and Tatianna will represent Group 9 and THLHS at the Sydney Royal Easter Show. Michelle Walker placed 3rd for merino fleece judging, but unfortunately only the top two placings are selected to compete at Sydney. Annabella Taylor as well as Jim, Tatianna and Michelle all placed in the top six and were given the opportunity to give an oral presentation on their placings for a number of the categories.

A big thank you to Ian and Donna Robson of Flemington Angus for the loan of their animals for the day, allowing

our students the opportunity to qualify for beef cattle paraders. Congratulations to all the students and we wish Tatianna and Jim Hazell all the best in the state finals.

SRC News

On Wednesday 16 February, I had the pleasure of taking ten students to Canberra at 6am for a Leadership Conference. When our plans were changed unexpectedly, the students showed great resilience to adjust without complaint, and we were able to spend the day bonding as a team. We were shown around a charitable organisation that aims to give back to their local community with the help of nearby schools. As an SRC we were then able to discuss our purpose as a Representative Council, and the students were inspired to give back to our own school community. We then proceeded to engage in some fun team-building activities before having lunch and heading back to school. The behaviour of these students was faultless and I can't wait to see what this group can achieve, not just within the next few months but, in the years ahead. Thank you to all of the students for an enjoyable day.

Mrs Taylor SRC Coordinator



Year 11 and 12 Modern History

Year 11 students have settled well into senior history this term and are beginning to develop their independence in managing their own learning in the staged classroom environment. Year 11 have been learning about how history is constructed by historians and people, and the various ways in which we can access and share history. Students will continue to explore these ideas through their investigation of the Cuban Revolution, the JFK assassination and studentled historical investigation in Term 2 and the study of World War One in Term 3.





Year 12 have continued to work on developing their historical knowledge and skills in their study of Russia and the Soviet Union. Students are currently working on preparing for their upcoming analytical essay on the effectiveness of Stalin's political and economic transformation of Russia.

School Student Travel Term 1 2022



School student travel information for parents and students

School Travel Passes

Students who need a School Opal card or travel pass but have not yet applied need to apply or update their details as soon as possible.

In the Opal network, students should travel with a Child/Youth Opal card until they receive their valid School Opal card. If outside Greater Sydney, parents should contact their <u>local</u> <u>bus operator</u> to discuss their travel needs.

New Student Opal cards (including new Term Bus Passes) will be sent to the student's nominated postal address within two weeks of their application being approved.

Students living in rural and regional (R&R) areas will receive their travel pass from their nominated transport operator. It may be issued via their school or be sent directly to them at home. Note: some R&R operators do not issue travel passes. Students/parents should confirm with their nominated operator if they do not receive a pass.

Terms of Use

Students using Opal cards must tap on and tap off in line with the Opal terms of use.

All students are required to comply with the <u>Student code of conduct</u>. The code of conduct aims to ensure the safety and well-being of school children and other passengers. It is important that parents ensure their child is aware of this, as failure to comply with the code of conduct can result in a suspension from travel.

CAREERS NEWS

UNIVERSITY

Charles Sturt Explore Day, all campuses 2022 Port Macquarie 8 March Bathurst 15 March Orange 16 March Wagga Wagga 22 March Albury 29 March Dubbo 30 March

If you're in Year 11 or 12, Explore Day is your chance to check out what life at Charles Sturt University is like – but with a twist! You'll get to look around our campuses, chat with students and get the lowdown from lecturers – there's even a free lunch and a swag bag of goodies. But the best bit about Explore Day? You can get involved! Pick which interactive session/s interests you, book your spot and then get set for some hands on learning that's also a whole lot of fun. Each of our six campuses will run different sessions on everything from arts to vet science. There's lots for you to explore. And, if you're super keen on a particular course or career area, then an Explore Day spotlight session is for you! Choose a spotlight session and you'll dive deeper into the topic and spend more time getting hands-on. Because they're more indepth, spotlight sessions are for smaller groups and will run for longer. https://study.csu.edu.au/life/events/explore-day

Macquarie Year 12 Online Information Session Tuesday 3 May 2022, 6:00 pm Join us for a series of short talks given by university representatives and current students. We'll cover everything you need to know to prepare you for university study including important dates and early entry. You'll have the opportunity to ask questions throughout the session to ease any anxiety about uni.: https://www.mq.edu.au/study/high-schoolstudents/events

University of Sydney - Dubbo Medical Program 2 Mar 2, 2022. 4:30pm Find out about our Doctor of Medicine delivered entirely at our Dubbo Campus. Learn why a regional and rural medical career could be for you.

TAFE

The Volvo Apprenticeship Program The Volvo Apprenticeship Program has been designed to equip you with the relevant skills and knowledge to become fully qualified in your chosen career. The Volvo apprenticeship lasts for four years (three years block release at the Volvo Technical Center) and consists of a variety of workplace and off-the-job training. Your career will be given full support to help you successfully complete the Program. Few businesses can offer their employees such diversity, challenges, excellent training and career development prospects. Volvo offer a wide choice of attractive career opportunities for all levels of experience, aptitude and personality types - whether you are technically minded, a 'numbers' person or more people orientated. Every apprentice is encouraged to demonstrate initiative and contribute his or her own ideas for improving customer service and developing the business. But this approach requires a special type of person. You must have the ambition to contribute and succeed in a fast-paced, results oriented environment and strive to be the best in everything you do.

COLLEGES

NIDA Student Courses Practical, skill-based learning led by industry experts across a range of performing arts disciplines. NIDA courses for grade 7-10 students are designed to support and inspire young people at any stage of their creative development. Learning framework Each term we focus on a specific area of performance practice to ensure students have a varied experience and learn a range of essential creative skills. Students can join us at the start of any term during the year. NIDA Open Drama courses are designed across a four term structure within the following learning framework: Term one Improvisation and Performance Craft Term two Voice and Movement Term three Devising and Contemporary Performance Term four Script Work and Staging https://www.open.nida.edu.au/ course/OTDK910

Video Game and Animation Work Experience at AIE The AIE Work Experience Program is a great way for secondary school students in years 10 to 12 to learn about the interactive entertainment and digital industries. The week will open the door to the range of career possibilities in the industry and allow students to get hands-on with the tools of the trade. The Work Experience Program runs from 9am to 3pm over the course of a week and encompasses a range of activities including 3D animation, programming, QA testing and much more. To apply for work experience at our Sydney campus please use the form below. https://aie.edu.au/student-information/workexperience-sydney/

Careers with STEM: Science and Space February 23, 12pm In this webinar, you'll Meet real-life STEM professionals and hear their diverse study and career stories. Featuring three people from the pages of Careers with STEM: Science and Space 2022, from fields as diverse as nuclear medicine, conservation and Australia's growing space sector – this is your opportunity to ask your career questions and meet real role models. https://careerswithstem.com. au/events/#gsc.tab=0

Engineers Australia Experience it! 22 February 2022 & Discover Engineering 14 March 2022 These two events are proceeding - facilitated by Engineers & Students via live video link into your classroom. Full day of activities with technical equipment supplied. Year 7-10 x Groups 10-40 students. There is information around February's Experience it! and also Sydney Quantum Academy's January virtual program which will be of interest to some of your students. This program is also available to teachers to participate. EXP IT! Link; https://forms.gle/SViPi6E2A5hHgei79 and DISCOVER ENG Link https://forms.gle/H1MMGHxPC7BBjHJ67

Student Mobile Phone Policy

Student mobile phones that are visible or used without teacher permission for any reason before school, during class, break times or excursions will be confiscated by staff.

The confiscated phone will be kept in a labelled envelope in the school safe.

Students should:

- leave their mobile phone at home or,
- hand mobile phone to the office on arrival and pick up on departure or,
- leave phone switched off in their bag.

Parents and carers will be contacted to discuss suitable arrangements for the return of the phone.

Mobile phones can be used in the classroom for educational purposes. This will be directed by teachers only and the school mobile phone policy will apply outside of these occasions.

Students who desperately need to use their phone for personal reasons can seek prior permission from the Principal.

Students and parents will take full responsibility for lost, stolen and damaged phones while at school or school-related events.

Lawsons Latest Sports Announcements - Term 1 Week 4

Swimming Carnival

With the long distance events done and dusted a huge congratulations goes to the following recordbreaking students:

Mikayla Hughes - 15 years 200m freestyle, Opens 200m individual medley and Opens 400m freestyle

Dylan Forde - 13 years 200m freestyle

Our main swimming carnival day will be held this Wednesday 23 February. If your child is competing they must have handed their note into the office by Tuesday 22 February. Additional notes can be collected from the office.

Due to Covid-19 spectators will not be allowed to attend and the canteen will be closed.

Students not attending the swimming carnival are expected to attend school as usual.

Western Region Representative Trials

Those students wishing to trial for Western Region teams must give their name/ nomination form to Miss Eppelstun by the dates given in the table.

March trials:

- Hockey (opens) girl and boys
- Football (opens) girls and boys
- Rugby Union (opens) boys
- Rugby League (U15s and opens)
- Swimming girls and boys via swimming carnival results
- Lawn bowls

For contact sports, students must return a signed permission slip to Miss Eppelstun.

| Sport | Nomination form to Miss Eppelstun | WR Trial date | |
|------------------------------|--------------------------------------|------------------------------|--|
| Athletics | via results from carnival | 5 August (Term 2) | |
| Cricket - boys | 29 July | 10 August (Term 3) | |
| Cricket - girls | 29 July | 10 August (Term 3) | |
| Cross Country | 3 June | 15 June (Term 2) | |
| Football - boys | 28 February | 14 March (Term 1) | |
| Football - girls | 28 February | 18 March (Term 1) | |
| Golf | 25 March | 7 April (Term 1) | |
| Gymnastics | 9 May | 20 May (Term 2) | |
| Lawn Bowls | 14 March | 25 March (Term 1) | |
| Netball | | 14 March (Term 1) @ carnival | |
| League - boys 15's and opens | 21 March | 31 March (Term 1) | |
| League - girls 16's | 7 April | 5 May (Term 2) | |
| Rugby Union | 28 February | 11 March (Term 1) | |
| Softball - boys | 28 October | 9 November (Term 4) | |
| Softball - girls | 21 October | 2 November (Term 4) | |
| Squash | 25 March | 5 April (Term 1) | |
| Swimming | via results from carnival | 10 March (Term 1) | |
| Tennis - boys | 25 May | 6 June (Term 2) | |
| Tennis - girls | 27 June | 26 July (Term 3) | |
| Touch - boys | 7 April | 2 May (Term 2) | |
| Touch - girls | 7 April | 2 May (Term 2) | |

English/History Assessment Reminders

HSC Advanced English: Comparative essay due April 29 (week 1 term 2)

HSC English Studies: Playing the Game assessment due April 1 (week 9)

HSC Modern History: Russia and the Soviet Union essay due March 18 (week 7)

HSC Ancient History: Julius Caesar historical analysis due March 4 (week 5)

Year 11 English Advanced and Standard: Read to Write Parts A and B due April 6 (week 10)

Year 11 Modern History: Cuban Revolution historical narrative and essay due April 4 (week 10)

Year 11 Ancient History: The Nature of Ancient History essay due March 18 (week 7)

Year 10 English: Graphic representations of novel due April 6 (week 10)

Year 10 History: Stolen Generations paragraphs due week 5; Rights and Freedoms exam in class week 10

Year 9 English: Analytical IDEAL paragraphs due March 11 (week 6)

GRENFELL AMATEUR SWIMMING CLUB NEWSLETTER

Business House Relays

The Business House Relays will be held on Sunday, 27 February 2022. Nomination fees are \$30.00 per team. Entries can be left at the Aquatic Centre.

Club Championships

Championships will be held on Friday, 25 February 2022 and Friday 4 March 2022. Please note that you do not need to enter Championships via Swim Central.

To qualify for Championships you must have **SIX** swims from Club nights in each particular event. Please note there are no Championships for 15m breaststroke, butterfly or backstroke.

If you are unsure as to whether or not you have qualified for championships please check your email. Swimmers will be automatically entered for the event in which they qualify for. If you are not swimming could you please let us know.

The only events that swimmers will need to nominate for are the 200m freestyle and 200m IM – these nominations can be left with Leann. To be eligible for the 200m freestyle you must have swum the 100m freestyle six times and to be eligible to compete in the 200m IM you must have qualified for 50m freestyle, backstroke, breaststroke and butterfly. Nominations for these events can be left with Leann at the Pool or see the ladies in the Club Room on Friday night.

Championship Night 1 Events (25 February 2022)

15m, 25m, 50m, 100m and 200m freestyle – nominations for 200m freestyle close on 23 February 2022

25m and 50m backstroke

Championship Night 2 Events (4 March 2022)

200m IM – nominations close on 2 March 2022 25m and 50m Butterfly 25m and 50m breaststroke

upcoming sessions



Parents, Carers, and Community Members in Sydney are invited to attend a free mental health education session in Term 1.

The sessions aim to:

- Strengthen your understanding of mental health definitions.
 Enhance your conversational approach to mental health and well-being
- Build skills and strategies to support young people, including transition to work and study.
- Build awareness of local, state and national supports available to young people.
 Increase your knowledge and understanding of the mental
- Increase your knowledge and understanding of the men health challenges facing young people today.
 Introduce you to some of the skills and strategies to
- encourage and support help-seeking.



Helping my young person during COVID Date: 2/2/2022 Time: 6:30pm – 7:45pm AEDT Location: Conline webinar Registration: https://wit.lw/sixedcB

the set





Helping my young person during COVID Date: 21/5/2022 Time: 6:30pm - 7:45pm AEDT Location: Online webinar Registration: https://bit.w/31RMIE8



For more information

Contact us at programsupport@headspace.org.au



Fanny Lumsden @ the Grenfell Show Ground on Saturday March 2021 with her 8th Country Hall Tour!

After years of cancelled and postponed events, some faritastic live music and some laughs is exactly what is needed. There will be something for everyone, lots of great music including a performance from up-and-coming talented local musician lose Laver, raffles, and an auction. Tickets can purchased online so get in quick. There will only be door sales on the night if the event has not sold out. There will be a 880 and bar as a joint fundraiser for the Grenfell Rugby junior and seriors clubs. Tickets for the show are \$35 adults (16y and up), \$15 for kids (5 to 15yrs), under 5's free, Family Ticket (2 adults, 3 kids 5-15yrs) - \$30, VIP ticket 1- \$55 includes a meet & great with Famy, a special acoustic performance, access to seast before the general admission (choose the best seats in the housel) plus a merch gift. This event will run within the NSW Government Guidelines for Covid Management. QR code check ins, proof of vaccination and masks may still apply.

Tickets for the Farny Lumsden performance are being sold exclusively online, via https://www.farnylumsden.net/country-hells-tour.



More information: https://www.facebook.com/GrenfelluniorRugbyUnion https://www.facebook.com/grenfell.panther

SCHOOL EXPECTATIONS DRAW

Congratulations to the five students who received a \$5 canteen voucher in the weekly draw from all the reward tickets that were issued in the last two weeks.

Reward tickets are issued to students in recognition of meeting our whole school expectations of *Prepared, Respectful, Responsible, Positive* and *Improving.*

The whole school expectations are designed to support student understanding and engage positive and respectful relationships, while contributing points to their house.



Week 3 Prepared - Savannah Bruce, Respectful - Marley Loader, Responsible - Georgia Petty, Positive -Giselle Westman, Improving - Tom Whittaker



Week4 Prepared - Jack Death, Respectful - Charlie Ryan, Responsible - Tait Ryan, Positive - Harry Robinson, Improving - Chloe Kirkup





ATTENDANCE

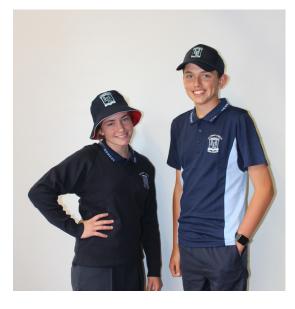
All students between 6 and 17 years of age are required by law to attend school every day that teaching is provided, unless they are sick or for some other acceptable reason. Parents are reminded to contact the school in **advance or on the day** with an explanation if their child is unable to attend. This can be done by email to henrylawso-h. school@det.nsw.edu.au, phone 02 6343 1390 or a written note.



aec.gov.au/electionjobs

SCHOOL CALENDAR **TERM 1 2022**

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|--------------------|---------|----------------------------------|---|--|---|--|
| | BWeek | Monday | Tuesday | Wednesday | Thursday | Friday |
| February | 4 B | 21 | 22 | Swimming Carnival Competitor only 23 | 24 | 25 |
| February/ March | 5 A | 28 | P&C meeting 7 pm Grenfell Rugby Club 1 | 2 | 3 | Years 7 - 9 <i>Think you know</i> talk 4 |
| March | 6 B | 7 | 8 | 9 | Western Region swimming trials Year 7 vaccinations 10 | Years 10 - 12 <i>Think you know</i> talk 11 |
| March | 7 A | 14 | 15 | 16 | Blayney Show 17 | Blayney Show 18 |
| March | 8 B | 21 | CSU Wagga excursion 22 | Athletics long distance events 23 | 24 | 25 |
| March/ April | 9 A | 28 | 29 | Athletics carnival 30 | 31 | 1 |
| April | 10 A | Sydney Royal Easter Show 4 | P&C meeting 7 pm Grenfell Rugby Club Sydney Royal Easter Show 5 | Sydney Royal Easter Show 6 | Sydney Royal Easter Show School ANZAC service 7 | Sydney Royal Easter Show Year 11/12 geography excursion Last day of term 8 |



Henry's Hand Me Downs Do you have any pre-loved current school uniform? Henry's Hand Me Downs is seeking donations to their supplies of current school uniform. Donations may be left at the front office.