LIONS YOUTH OF THE YEAR

On Sunday 7 March, Lily Homes, Tatianna Hazell, Niamh Mitton and Georgia Brenner attended the Lion’s Youth of the Year Competition at the Grenfell Bowling Club. The girls started their afternoon completing an interview with a judging panel before the judging continued with the public speaking portion of the competition. The public speaking component included two sections: responding to two impromptu questions and delivering a five minute speech on a topic of their choice.

The girls took the challenges of the impromptu question in their stride, responding to:
• 2020 and the COVID pandemic changed many aspects of life as we know it. What did you learn about YOURSELF and the WIDER WORLD during this time?
• You or your friend have been cyber-bullied. Outline some strategies to respond to this attack.

They then went on to deliver their speeches. Georgia delivered a confident speech exploring her fear and excitement of entering the “real world”. Niamh’s speech had the audience pondering her inquiry of gender inequality in politics, supported by some outstanding statistics and powerful quotes. Lily left no doubt regarding her topic of the link between championship sports and leadership. Tatianna Hazell spoke personally about government support in farming and why the topic was an invested interest in her future.

All the girls spoke with confidence and should be proud of their achievements. Niamh Mitton took away the Public Speaking award and the overall winner on the day was Georgia Brenner. Georgia will travel to Narromine this weekend to represent the Grenfell Lion’s and our school. We’d like to wish her all the best and congratulate all the girls for challenging themselves by being apart of the competition. We hope to see them back at the podium in 2022, inspiring and leading some of our upcoming public speakers.
Congratulations to Michael Smith and Mackenzie Brenner in Year 11 who have been awarded the Gunyah Craft Shop Achievement Scholarship. The students were nominated for the scholarship by the teaching staff and finalised by the school executive based on current commitment and attitude towards school studies. Well done!

Thank you to the students and staff for participating in our 15-minute walk on Friday morning to support the Cargo to Grenfell walk. The event was to raise awareness and assist those suffering with mental health related illness.

Congratulations to Lily Holmes, Tatiana Hazell, Niamh Mitton and Georgia Brenner who recently competed in the 2021 Lion’s Youth of the Year Competition. Georgia Brenner was declared the overall winner on the day. Well done!

Our swimmers recently attended the Western Region trials in Dubbo. Our students had fun participating and competing at a regional level and came away with outstanding results. Seven individuals and three relay teams have qualified for the NSW Combined High School Championships in late April.

The Henry Lawson High School has been allocated a full time Student Support Officer position. The successful applicant will commence duties on Monday 12 July which is the beginning of Semester 2.

The position will be advertised in the coming weeks. The following is some preliminary information for those who might be interested.

Student Support Officers (SSOs) work in schools to enhance the wellbeing and learning outcomes of students. SSOs have youth and/or social work experience and qualifications and work with school counselling staff and the school’s wellbeing team. Student Support Officers provide individual and targeted wellbeing support and whole of school wellbeing initiatives and programs that are evidence-based. They have a pivotal role in working collaboratively with external agencies and creating referral pathways for students and families to child and family support agencies. The following are essential requirements:

- Diploma or Higher qualification in social work, youth work, welfare or related discipline
- Knowledge of and commitment to the Department’s Aboriginal education policies.
- Valid and current Working with Children Check clearance.

The Henry Lawson High School P&C Association will be seeking applications for the position of Canteen Supervisor. The advertisement, position criteria and job description will be posted in the next fortnight.

It has been pleasing to see so many extracurricular and sporting activities around our school community. Opportunities such as our Senior Life Ready Program, TAFE/NAIDOC information day, Basketball, Cricket, Rugby League, Public Speaking, Regional Swimming, Wether Challenge in Dubbo, Clean up Australia Day and much more.

Have a great week!

Aaron Flagg
Principal
Hear ye, hear ye! Year 8 travel to Medieval Europe.

Year 8 History have been learning about Medieval Europe this term. They have investigated aspects of daily life of both the peasant people of the time and how differently those lucky enough to be higher on the feudal pyramid lived. They have created menus offering the various foods available to different classes of medieval people, and they have even designed and created their own stained glass windows which look pretty fantastic put up in our history classroom. Currently, the class is working on a research project as they investigate a famous medieval personality, as well as explain how medieval weapons and castle designs changed over time, and a range of other interesting parts of the medieval world.

Spelling Bee!

Over the course of two rounds, students in Year 7 and 8 took part in the annual school Spelling Bee. The aim of the Spelling Bee is to challenge students to have fun whilst learning new words, and also mastering language they use across a range of subjects daily. In Year 8, Katie McCue took out the Spelling Bee. Whilst in Year 7, we had a close battle between Jethro Fenton, Bridie Forde and Ryan Toole, however, a third round declared Ryan the ultimate winner. Well done to all students who participated in the Spelling Bee, and congratulations to Ryan and Katie!
SWIMMING SUCCESS!

Congratulations to our swimmers who attended Western Region Trials last week. Well done to Jethro, Dylan, Mikayla, Xanthe, Ella, Niamh and Ryan who have all qualified for individual events, and our three freestyle relay teams consisting of Ryan, Jethro, Harry and Dylan, Xanthe, Ella, Sophie and Mikayla and Jaxon, Rhys, Angus and George who have also gained selection to compete at the CHS championships in late April. Well done to all of our swimmers.

<table>
<thead>
<tr>
<th>Swimmer</th>
<th>Event</th>
<th>Place</th>
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<tbody>
<tr>
<td>Jethro Fenton</td>
<td>Boys 13 years 100 butterfly</td>
<td>3rd</td>
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<tr>
<td>Dylan Forde</td>
<td>Boys 12 years 100 backstroke</td>
<td>2nd</td>
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<td></td>
<td>Boys 12 years 50 freestyle</td>
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<td>Boys 12 years 100 breaststroke</td>
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<td>Boys 12 years 200 freestyle</td>
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<tr>
<td></td>
<td>Boys 12 years 100 freestyle</td>
<td>3rd</td>
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<tr>
<td>Mikayla Hughes</td>
<td>Girls 14 years 100 backstroke</td>
<td>1st</td>
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<td>Girls 14 years 100 freestyle</td>
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<td>Girls 14 years 50 freestyle</td>
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<td>Girls 12 -14 years 200 IM</td>
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<td></td>
<td>Girls 14 years 200 freestyle</td>
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<tr>
<td></td>
<td>Girls 14 years 100 breaststroke</td>
<td>3rd</td>
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<tr>
<td>Xanthe Johnson</td>
<td>Girls 14 years 100 butterfly</td>
<td>3rd</td>
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<tr>
<td>Ella Mitton</td>
<td>Girls 13 years 100 backstroke</td>
<td>2nd</td>
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<tr>
<td>Niamh Mitton</td>
<td>Girls 17 -19 years 100 breaststroke</td>
<td>3rd</td>
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<tr>
<td>Ryan Toole</td>
<td>Boys 13 years 50 freestyle</td>
<td>2nd</td>
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<tr>
<td></td>
<td>Boys 13 years 100 freestyle</td>
<td>3rd</td>
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<tr>
<td>Ryan Toole, Jethro Fenton, Harry Robinson, Dylan Forde</td>
<td>Boys 13 years 200 freestyle relay</td>
<td>1st</td>
</tr>
<tr>
<td>Xanthe Johnson, Ella Mitton, Sophie Hughes, Mikayla Hughes</td>
<td>Girls 14 years 200 freestyle relay</td>
<td>1st</td>
</tr>
<tr>
<td>Jaxon Greenaway, Rhys Hughes, Angus Troth, George Mitton</td>
<td>Boys 17-19 years 200 freestyle relay</td>
<td>3rd</td>
</tr>
</tbody>
</table>
SCHOOL EXPECTATION DRAW

Congratulations to the five students who received a $5 dollar canteen voucher in the weekly draw from all the reward tickets that were issued in the last two weeks. Reward tickets are issued to students in recognition of meeting our whole school expectations of **Prepared, Respectful, Responsible, Positive** and **Improving**.

The whole school expectations are designed to support student understanding and engage positive and respectful relationships, while contributing points to their house. Good luck to our students in the next major draw for five $25 local business/community gift vouchers.

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Week 7
Prepared - Ebony Dowd, Respectful - Jake Lahay, Responsible - Mikayla Hughes, Positive - Ella Mitton, Improving - John LeBrocque

Week 8
Prepared - Teleitha O’Byrne, Respectful - Heath Stedman, Responsible - Lily Holmes, Positive - Dylan Forde, Improving - Giovanna Amey

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Opens Netball

On Tuesday 2 March, opens netball travelled to Orange to compete in the CHS netball competition. With an early start, we made it on time to take the court and play against Orange. Our girls took a little bit to warm up however, and Orange were too strong and came away with the win. After some position changes we came up against Bathurst. Again, they were too strong, giving our girls a lesson in quality netball. We showed improvement in our last two games against Lithgow and Kelso. A good day was had by all.

The team consisted of Charli and Teleitha O’Byrne, Mackenzie and Emily Brenner, Tati Hazell, Taylor Keppie, Hayley Taylor and Olivia Berry.

We would like to thank Michael Smith for helping umpire our games.

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The next P&C meeting will be held on Tuesday 30 March 2021 at 7.00pm in the school library. All parents and citizens of The Henry Lawson High School are welcome to attend. This meeting will be our AGM and whilst there will be some positions to fill, there will be no pressure to take on a position, especially for new members. Please come along and support our organisation, it would be great to see as many people there as possible!
Last week Year 11 and 12 attended Life Ready at Lake Burrendong. After an early start, we travelled to the camp and were introduced to the camp instructors. Our first session focused on mental health and wellbeing, giving our students the opportunity to discuss issues and strategies to deal with varying situations. After lunch students had free time to explore the camp facilities. Monday night activities included a slip and slide, which students enjoyed, coming away with a few bruises and scratches, a lot of laughs and fun had by all including Mr McKnight and Mr Amey.

Tuesday involved some more Life Ready sessions including personal health. Students also got the chance to give paddle boarding and canoeing a go. Year 12 out-performed Year 11 in both activities, however, the highlight was Mr Amey’s determined effort in paddle boarding. Night activities included a mixture of activities where students split into groups, competing against each other. It was great to see the students interact in a positive and inclusive manner.

After packing up on Wednesday morning, students had a session with a police officer regarding the implications of being a young driver, and discussed the effects of the issue of cyber-crime and the use of mobile phones. Before heading home, the students competed in an archery tag game, where the teachers were a good target.

Life Ready was a great experience. The students should be proud of their behaviour and were a pleasure to take away.
GRENFELL AMATEUR SWIMMING CLUB NEWSLETTER

Congratulations to all of our swimmers who represented their schools at various levels of swimming last week. GASC has a strong contingent of swimmers who have gained selection to compete at state level. Good luck to all of our swimmers.

SQUAD FEES
Please see Leann as soon as possible to check how much you owe for squad. All outstanding fees need to be paid before the end of the season.

PRESENTATION NIGHT
A reminder that presentation night will be held on Friday 26 March 2021. Steak and sausage sandwiches will be provided however for catering purposes please RSVP to Leann by Tuesday 23 March 2021.

AGM
The AGM will be held on Monday 10 May 2021 at 7.30pm in the club room. Everyone is welcome. If you are interested in becoming involved in the committee please speak with any of the existing committee members as there may be a position available that is right for you.

Grenfell Aquatic Centre details
E mail – aquaticcentre@weddin.nsw.gov.au
Ph – 6343 1756 Mob: 0490 830 563

ENGLISH/HISTORY ASSESSMENT REMINDERS

Preliminary Advanced English: Reading to Write persuasive and creative writing due Tuesday 30 March (week 10)
Preliminary Standard English: Reading to Write persuasive and creative writing due Tuesday 30 March (week 10)
Preliminary Modern History: Investigating Modern History essay due Monday 29 March (week 10)
Year 10 English: Graphic representations of plot and character due Monday 29 March (week 10)
Year 9 English: Formal persuasive speech due Monday 29 March (week 10)
Year 8 English: Essay on myths and film due Thursday 25 March (week 9)
Year 8 History: Poster on Medieval Europe due Friday 19 March (Week 8)

Henry’s Hands Project Group

Henry’s Hands project elective group have been learning about volunteering in the community and gaining insight into the important roles of volunteers. We have been fortunate to have guest speakers from Meals on Wheels and Rural Fire Service to discuss the role that their organisations play in the community.

Last week we participated in Clean Up Australia Day at school and at Lawson Oval. Clean Up Australia Day inspires and empowers communities to clean up, fix up and conserve our environment. Students have done an amazing job and embraced being active citizens in the community. Well done team.
## SCHOOL CALENDAR
### TERM 1 2021

<table>
<thead>
<tr>
<th>Week</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
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<td>Silver Mad</td>
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<tr>
<td>March/April</td>
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<td>30</td>
<td>31 +31</td>
<td>1  GOOD FRIDAY</td>
</tr>
</tbody>
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### BACKFLIPS AGAINST BULLYING
#### 31 MARCH 2021

The *Backflips Against Bullying* program for high schools aims to engage students in the topic of peer harassment by using flips and tricks – captivating them in a brand new way to make a difference in our school. This show touches heavily on power dynamics when discussing instances of harassment, and delves into resilience, cyber-bullying, and real world consequences. Whilst those topics are deep, they aim to present it to the students with an acrobatic twist designed to engage the students.

**Featured themes:**
- resilience
- power dynamics (the imbalance of power and how you can WIN)
- cyber-bullying
- harassment vs assault
- real world consequences
- targeted and repeated harassment

National Youth Week is jointly supported by the Australian Government, and State and Territory Governments.

This is a free activity for our students. An information letter will be sent home with your student. Please contact the school if you require more information.