AND THE RECORDS START TO TUMBLE.
A quick look at the school swimming records and one name stands out, Logan. Twenty years later and the next generation of Logan swimmers is making her mark on the record books. Year 8 student Mikayla Hughes has her sights set on breaking her mother’s and her aunt’s long standing records. After breaking five records last year, Mikayla started the 2021 carnival by taking almost four seconds from Carla Logan’s 14 years 200m freestyle record set in 1996. Congratulations Mikayla on a terrific swim. We look forward to seeing more records fall in 2021.

FIRST CLASS HONOURS FOR HENRY.
Staff at The Henry Lawson High School were excited to hear that Henry Knowles (2008 - 2013) had graduated as a mechanical engineer from the University of Wollongong with First Class Honours and a High Distinction Weight Average Mark or WAM, meaning that Henry averaged a high distinction for all assessments during his course. While at university, Henry completed a cadetship with Blue Scope Steel and is now employed full time with the company. Congratulations Henry and we look forward to seeing you around Grenfell soon.
Hello, my name is Sophie and I am the new school counsellor at The Henry Lawson High School. I am originally from the Blue Mountains, however I have lived in a range of places. Some of my adventures include working as a governess on an outback station five hours from Broken Hill, spending a summer life-guarding at a summer camp in Pennsylvania USA, studying at the University of Bologna in Italy and much more! In more recent years I have been busy finishing off my psychology degree in Sydney as well as working in this sector in a variety of different ways. A few fun facts about me are that I speak Italian, I have two corgis (who are sadly still living in the mountains!), I love to read and would love any recommendations for the best coffee in the area! I am looking forward to working closely with both the students and community in Grenfell in order to assist with a successful schooling experience for all.

SCHOOL EXPECTATION DRAW

Congratulations to the five students who received a $5 dollar canteen voucher in the weekly draw from all the reward tickets that were issued in the last two weeks. Reward tickets are issued to students in recognition of meeting our whole school expectations of Prepared, Respectful, Responsible, Positive and Improving.

The whole school expectations are designed to support student understanding and engage positive and respectful relationships, while contributing points to their house. Good luck to our students in the next major draw for five $25 local business/community gift vouchers.

Week 3

Prepared - Holly Sanderson, Respectful - Ella Mitton, Responsible - Tyler Byron, Positive - Seth Drummond, Improving - James Fysh

Week 4

Year 7 Camp – Wyangala

On Thursday 11 February, Year 7 along with Miss Eppelstun, Mrs Reidy, Mr Barclay and Mr Lawrence headed off to Wyangala Dam for the Year 7 orientation camp. With swags and sleeping bags packed, everyone was excited to have a couple of days off school. On arrival at Wyangala we set up our swags, split into our house groups, and completed team building activities before walking down to the dam to see it at an impressive 60% full.

Thursday afternoon students were tasked with painting a new flag, directing a skit and creating a war-cry in the theme of their houses – activities that fostered how competitive this group really are. After a few games of capture the flag where McNamara asserted their dominance, Year 7 were more than ready for showers and dinner which was expertly prepared hamburgers by Mrs Reidy and Mr Lawrence. We played some trivia won (by the Lehane Lads), made muffins and hot choccys for supper and heading off to bed.

On Friday students woke up to the smell of bacon and eggs before another couple of games of capture the flag. In this instance the McNamara team were beaten by McCabe and Lehane – united in their pursuit to win against McNamara. After this we walked down to the dam again where Year 7 completed team building activities like trust-falls, guiding their blindfolded partners around the play equipment and a relay where each house had to fill a bucket with a holey cone. After a wander down to the dam and a sausage sizzle for lunch, Year 7 packed up and got on the buses for the short trip back to school.

Over these two days Year 7 consistently demonstrated their beautiful manners, how willing they are to help their peers and how much pride they have in their houses and their school. Well done Year 7!
ATTENTION NETBALLERS

We are looking for some netball umpires. If you are an umpire (don’t have to be badged) and would like to help support The Henry Lawson High School netballers could you, please contact Mrs Griffiths the school.
Our netball games are scheduled for Friday 5 March and Friday 26 March in Orange and Wednesday 28 April in Cowra.

PARENT TEACHER INTERVIEWS

Parent/teacher interviews will be held on Monday 1 March from 4.00 pm to 6.00 pm in the school hall. This is a very good opportunity to meet with your students’ teachers and receive feedback on their studies.
Booking sheets will be sent home with students next week.
All parents/carers are invited to attend.

こんにちは！

Our Year 8 students have been learning about greetings in Japanese this term, and they are doing a fantastic job of memorising the characters and phrases of the language. The students are developing the skills needed to have a short conversation in Japanese with each other, which will be part of their assessment at the end of this term.

LACHLAN SHIELD CRICKET

Quality performances from many of the Cowra players had us stumped in the third round of the Lachlan Shield Cricket Competition. Under pressure from the fast bowlers, our openers demonstrated some excellent patience, however, the runs didn’t seem to be flowing. As the innings progressed, our players did an excellent job of defending their stumps, but many excellent catches in the field made for short work of our batting order. Cowra came in and set the tone early, with their openers playing very aggressive shots in order to make the run-chase as quick as possible. Kids from both teams organised a second T15 game, which gave our students an opportunity to get in some good bowling practice before our round 4 game against Canowindra this Friday.
### THE HENRY LAWSON HIGH SCHOOL BELL TIMES 2021

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<thead>
<tr>
<th>Monday, Tuesday, Thursday, Friday</th>
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<tr>
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**RECONNECT**

Cherrie Dowling and Kristy Friend from *Reconnect* will be in *Lawson’s Lounge* on Wednesdays in Week B. Reconnect works with students, their families and supporting community organisations.

Some key features of collaborating include:

- working with a range of core services including schools, community agencies, and specialist services (e.g. Centrelink, MyGov, culturally-specific groups, drug, alcohol and health services)
- participating in relevant interagency networks including state and territory government services
- sharing information, where consent from the client has been obtained, to facilitate seamless referrals and improve the services they receive
- working in a co-case management context to support young people at risk
- partnering with other organisations to improve outcomes for young people.

*Reconnect CW* service covers Blayney, Cowra region, Cowra, Grenfell, Orange Region, West Wyalong, Young region (including Boorowa) and Young.

*Reconnect* is a community based early intervention and prevention program for young people aged 12 to 18 years (or 12 to 21 years in the case of newly arrived youth) who are homeless, or at risk of homelessness, and their families. The aim of *Reconnect* is to prevent homelessness by intervening early with families and young people to stabilise and improve their housing situation, achieve family reconciliation (wherever practicable) and improve their level of engagement with education, training, employment and the community.

*Reconnect* services can provide counselling, group work, mediation and practical support to the whole family, to help prevent homelessness from occurring. Collaboration with schools and other services facilitate a streamlined service system.
The open boys Rugby/Rugby league playing apparel has arrived, complementing our girls’ playing attire purchased at the end of last year. The Henry Lawson High School would like to thank both the Grenfell Panthers Junior Rugby Club and the Grenfell Goannas Junior Rugby League Club for supporting our One Town, One Team, Our School initiative and assisting with the purchase of the new uniforms. Each club is represented on the sleeves of the playing jersey, bringing together players from both codes to represent the The Henry Lawson High School in all Rugby football codes.

Upcoming Rugby/Rugby league events for Term 1:
• Rugby Union CHS Trials - Friday 19 March - Orange - Week 8
• Opens THLHS Rugby League vs Orange HS - TBC - Week 9
• Rugby league CHS Trials (u15s and opens) - Thursday 25 March - Blayney - Week 9
• Under 14’s THLHS Rugby league vs Forbes HS - TBC - Week 10
• More to come in Term 2.

Any students who are interested in participating in these teams and/or events please see Mr Barclay

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**VACCINATIONS**

Attention Year 7 AND 10 students and parents: 2021 NSW School Vaccination Program

Each year NSW Health works with schools to offer vaccines recommended for adolescents by the National Health and Medical Research Council (NHMRC).

In 2021, the following vaccines will be offered to all Year 7 students:
• Human Papillomavirus (HPV) vaccine in a 2-dose schedule at least six months apart.
• Diphtheria-Tetanus-Pertussis (whooping cough) - vaccine (dTpa) as a single dose.

The first scheduled vaccination will take place on the morning of Thursday 18 March, the second will occur later in the year.

In addition, the NSW Government will fund a school-based meningococcal vaccination program for all Year 10 students, due to take place in Term 2.

Year 7 and 10 parent information kits were distributed last week. Please read, sign and return consent forms to the school office as soon as possible.
GRENFELL AMATEUR SWIMMING CLUB
NEWSLETTER

MPS SUMMER CHAMPIONSHIPS
Congratulations to all of our swimmers who competed at Lithgow on the weekend – their efforts in the pool certainly paid off with a huge amount of PBs as well as number of top three finishes. Congratulations to Tom on his achievements over the weekend. As well as swimming two PBs and taking home ten gold medals, Tom also broke six MPS Championship records and was awarded 18 years age champion. Well done Tom!!

GOOD LUCK
This weekend Tom and Mikayla will be competing at the NSW Country Championships in Sydney. Also this weekend we have a team of swimmers competing at the Quandialla Carnival.
We wish all of our swimmers the best of luck.

CLUB CHAMPIONSHIPS
We remind swimmers that to qualify for championships you must have six swims from club nights in each particular event. Please note there are no championships for 15m breaststroke, butterfly or backstroke.
The committee is aware that the second night of championships is being held on the same day as the primary school Western Swimming trials in Dubbo. Unfortunately this is not the first time this has happened but as with previous years the committee has agreed that the date for championships will not be changed.

TIMEKEEPERS for this week – 19 February 2021
Yates, McClelland, Hunter, Bruce/Liebich, N. Baker, O’Byrne and Armstrong/Nott.

DATES FOR THE DIARY
5/3/2021 – Championships (night 1)
12/3/2021 – Championships (night 2)
26/3/2021 – Presentation Night

SCHOOL CALENDAR
TERM 1 2021

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<td>30</td>
<td>Round One Athletics 31</td>
<td>Athletics Carnival 1</td>
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Grenfell Aquatic Centre details
E mail – aquaticcentre@weddin.nsw.gov.au
Ph – 6343 1758 Mob: 0490 830 563