



LAWSON'S LATEST

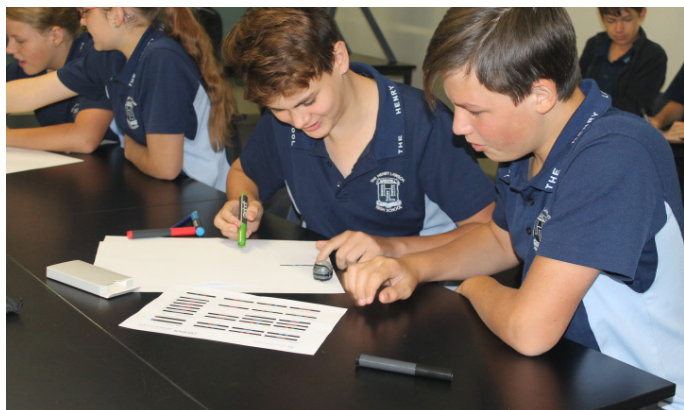
THE HENRY LAWSON HIGH SCHOOL

2 MARCH 2018 TERM 1 ISSUE 5

THLHS SUCCESSFUL IN GRANT APPLICATION!

THLHS has received a \$39 000 Digital Literacy School Grant from the Australian Government's Department of Education and Training, one of 60 schools across Australia to receive funding in the second round of grants from over 1700 applications.

The grant will be used to give our students access to new and emerging digital technologies as well as upgrading our new *makerspace* facilities. By exposing students to the new technologies, cross curricular learning and strengthening links with our local primary schools, we aim to equip our students for a life of infinite opportunities.



Year 8 getting acquainted with the new ozobot evos.



The makerspace room has a eight new laptops that are available for students to use. These all have specialist software to enable 3D drawing and printing as well as other heavier software installed.

Western Region Band Camp



On Monday 19 February, Connor Day, Josh Pargeter, Henry Best and I went to Western Region Band Camp for the week. We were a little nervous after hearing the stories from Mr McKnight, but we soon got over that. Throughout the week, we worked on many pieces, getting a new piece almost every day. We had to sight read these pieces, which was hard, but we got used to it. These pieces would be used in the concert on the Friday for parents and friends, however, we were only told which ones we were playing on the day. We had breathing gym every morning and two tutorials a day. We learnt so many things from these tutorials which I can now apply to my HSC performance pieces. From this camp, I can say that we have become more confident in our playing and have made so many friends from a variety of public schools. This camp has provided Connor and I with the opportunity to play in the State Wind Band in June at the Sydney Opera House.

We would like to say thank you to Mr McKnight for organising and driving us over there. We would like to say thank you to Lions for their financial support.

Paige Hughes

CHALLENGE, ENCOURAGE, ACHIEVE

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Where are they now? Carl Peterson - 2008

Name: Carl Peterson

Year you graduated from THLH: 2008

Extracurricular/sporting activities: I was part of the Rugby league team for 2007/8, which was great fun, yet we did not win. In addition to this, I was part of the school choir from 2003-5 (Years 7-9) and designed the outdoor learning gardens, opposite the Year 12 common room, and helped select the plants for the garden.

Favourite subjects: geography was my favourite subject at school. Not only did this subject heighten my passion for plants and the environment, but my teachers, Mr. Nottingham and Mrs. Smith, provided quality first teaching, alongside an engaging and inviting curriculum, which was adaptable to all students. The school trips and opportunities provided to all students were incredible and I still have brilliant memories from our Year 11/12 trips to Sydney and Mount Kosciuszko.

Favourite memories from school days: I was never truly an academic student and I would not consider myself to have been a particularly bright teenager. My fondest memories of school are the times spent with my friends and the numerous adventures that we got up to: spontaneous human pyramids during maths when the class teacher turned her back, is but one example.

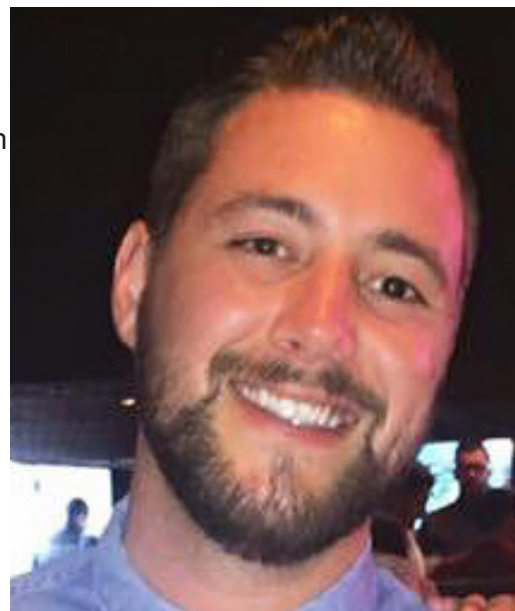
What am I doing now and the path that got me here?: after completing Year 12, I was not sure what to do. I had enquired about landscaping and winery apprentices, yet none proved fruitful. I never wanted to go to university, yet I applied due to my parents insistence – applications for nursing, teaching, architecture and horticulture. I was accepted into CSU at Wagga Wagga, studying a Bachelor of Education in Primary Teaching. After four years of study, working, lots of playing and the occasional 'chill-out', I graduated in 2013. I then got a job at Forbes Primary School, teaching a Year 5 class (all of whom would be 15 now), where I worked with an incredible team and experienced the exhausting effects of working with children.

Having completed a year teaching and saved every penny, I moved to London, where I am today. I have worked in several schools throughout London and have remained in one school for the past two and half years – Moss Hall Junior School. It is a very large school, having four classes of 30 children in each year group. Last year, I was the mathematics co-ordinator for the whole school, where I had to implement a range of new and effective teaching strategies and monitor the teaching of mathematics throughout the school. This year, I have taken an additional role, Senior Leader of Year 5. For this role, I have the responsibility of monitoring the academic progress and attainment of 120 children, supporting and leading three teachers and eight teaching assistants, along with a diverse range of other duties to keep the huge and busy school running smoothly.

Career highlights: since I have been teaching in London, I have had the opportunity to visit many places with students: the London Eye, Buckingham Palace, all the museums, the Devon Shire and Norfolk Shire.

Advice for the young: life becomes incredibly busy after secondary school and a year will fly by. Whatever you choose to do, make sure you make room to laugh at least one a day. Try not to take everything too seriously, make sure you can laugh at yourself and make others laugh. Oh, and try your best to watch a sunrise at least once a month, it will make you really appreciate the world you live in.

Hindsight: be kinder and more respectful to teachers. Now that I know what it takes to be one.



WESTERN CRICKET REPRESENTATIVES

Congratulations to Mea, Teleitha and Charli O'Byrne who were selected in the CHS Western Cricket side. Reports are that Teleitha and Mea both fielded well. Teleitha took a wicket and a catch and Mea batted well. Charli was named roving reserve for the games.

Congratulations to you all.

Principal Report

Gift from Lions Club

Recently the school had four students attend the Western band camp along with Mr McKnight (see report in this issue of Lawson's Latest); the camp was a wonderful experience for our students who participated in concert band rehearsals and tutorial group sessions in their instrumental group. Even better is the support shown by the local Lions Club assisting with the camp costs by sponsoring each student to the tune of \$200. This is amazing support from Lions. Next time you see Lions out fund-raising, please support them as they have a huge impact on our students and community.



Arguing

Arguing is generally seen as a negative behaviour however, if we add some simple rules it becomes fun, and called debating, which is the positive art of arguing in a formal manner. Ms Higgs and Ms Griffin recently attended a debating workshop for staff and brought back all sorts of new strategies and debating tactics. The training will be passed on to our students and help to development strong debating teams and student confidence in public speaking. Ms Higgs has plans to establish a lunchtime debating club to practice and strengthen debating skills across the school. Well done Ms Higgs and Ms Griffin.

Next week

Girls cricket team versus Wellington – best wishes to our team in their home game against Wellington.

I hope the training and commitment shown by our students attending the **Western region girls soccer trials** is rewarded with selection to the team.

The local round of the **Science and Engineering Challenge** will be held next week with the team aiming for a record 9 straight victories at the local competition.

A **well-being day** for Years 7 and 8 is being held to address health and safety issues.

Boys soccer team will be in action against Canowindra – go THLHS!

Parent teacher interviews will be held on Monday 12 March. All parents/carers are strongly encouraged to attend. This is a very important opportunity to be part the learning partnership with staff. Remember the golden triangle of success (students, parents and staff). A P&C meeting will be held after parent teacher interviews with a BBQ dinner available. Please support the P&C by attending the meeting. We will put on a movie to keep the students engaged whilst the meeting takes place.

Learning across the school (LATS)

Why do we need to learn at home?

The following extract is from <https://www.teachermagazine.com.au/articles/does-homework-contribute-to-student-success> - Professor John Hattie says home learning 'make a bigger difference in secondary school, mainly because the

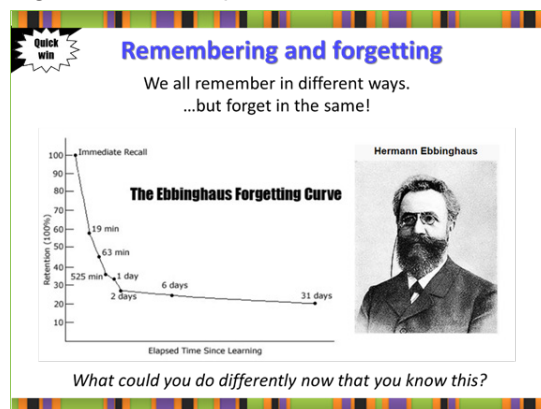
tasks are often about reinforcing and giving students another chance to practice what they've learnt. 'The worst thing you can do with homework is give kids projects, the best thing you can do is to reinforce something you've already learnt'.

One of the purposes of our LATS period is teaching students skills for home learning (study skills) and to help teach independent learning skills. This is to give them the skills to reinforce and practice what they've learnt at school.

Why else do we need to learn at home?

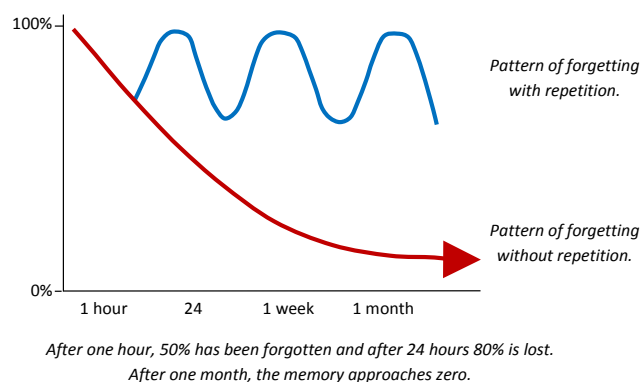
We should do this to train the brain to remember our learning and form lasting memory connections. From the graphs below you can see that regular revision is required to retain learning.

The forgetting curve shows how the brain forgets information over time. Without repetition or review, the greatest amount of forgetting occurs in the first 24 hours with the rate of forgetting becoming slower as time passes.



It is important to recognise that massed repetition is less effective than distributed repetition. As such, spacing out learning over days, weeks and months promotes far stronger learning than massed methods that are only effective for remembering information in the short-term.

For example, when learning about a new content or revising, students would benefit more from six sessions of 20 minutes each, spaced over three weeks, than from a single block of two hours.



Time – shorter is better

When learning at home, break up the learning time into 20-30 minute blocks with a little down time between segments. Most people only have an attention span of 20 minutes and this is when we are most effective. If the work is demanding then our attention span is less. The brain needs time to recharge between segments, so have a rest.

If you are studying you should take a quick break every half hour. Additionally, changing the topics/content being studied every half hour can also help to refresh the brain's focus. This help you study for longer and gives your brain time to process information, recharge and learn.

Have a great week – Ian Patingale.



Racheal Perrott is among the 2018 scholarship recipients. Racheal is studying a Bachelor of Science/Animal Science at the University of Western Sydney. Racheal's goal is to become a Veterinarian when she graduates



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Please contact the office with your email address or email the school at henrylawso-h.school@det.nsw.edu.au to be added to our mailing list.



Have you downloaded our school app? Search **The Henry Lawson High School** on the iTunes or Google Play stores and download - it's free!



THLHS P&C AGM

Monday 12 March @ 7 pm in the school library
to be followed by an ordinary meeting.

ALL WELCOME

Anyone can be a member of the P&C. An annual fee of \$2.50 payable at the conclusion of the AGM and before the ordinary meeting entitles you to vote on issues concerning our school and students and receive the minutes and financial records of the P&C each month via email.

But wait! There's more! Check next week's newsletter for further details.

Drama production 2018

Years 9 and 10 are doing project-based learning where we are expected to produce a play for the whole school and community. We have decided on a play called *Ten ways to survive a zombie apocalypse*. We are looking for students who are interested in drama and acting to audition. There will be a meeting during lunch time on Monday 12 March for those people who are interested and auditions during lunch on Wednesday 14 March. The production will take place over the June long weekend.

- Krystye Henry (producer).



Assessment Reminders

Year 11 English Advanced and Standard – persuasive and creative writing due: 6 April week 10.

Year 11 Modern History – historical narrative due: 29 March week 9.

Year 10 English – analytical essay due: 8 March week 6.

Year 8 English – composition of an appropriation due: 10 April week 11.

Years 7 and 8 well-being sessions

Coming up for Years 7 and 8 next Wednesday 7 March, during periods 3 and 4: a double-bill of sessions aimed at delivering important information and supporting student well-being.

Year 7 will consider healthy communication and cyber safety/cyber sense with social worker Elly Schiller and School Liaison Police Officer Alex Davies.

Year 8 will cover issues surrounding the ill-effects of smoking with Community Health Nurse Jennifer Napier and healthy relationships/legal consent with social worker Carrie Cox.

Year 7 vaccination program

The first of these is due to take place on Thursday 15 March. Please return consent forms to the school office as soon as possible. Contact the school if you have misplaced your information/consent pack as we have plenty more.

Well-being Corner

Good words are worth much and cost little.

Presents are nice, but one of the greatest gifts you can give is the gift of kind words, and it won't cost you anything. Tell your parent/guardian you love them and watch them beam; give your friends compliments; say something kind to even those who are not your friends when you notice they look good or have done something out of the ordinary.

Here's a tip, the more kind words YOU say, the more YOU will receive.

TODAY

I'll say something kind to someone.

Swimming Club News

Swimming club and Aquatic Centre enquiries: Leann 0408 431 022 or new Aquatic Centre 0490 830 563

Well done swimmers who travelled to Boorowa District Carnival last Friday and good luck to those travelling to Western Region, Dubbo, in a couple of weeks. On the weekend Tom Robinson headed to Sydney for NSW Country Championships and swam a personal best (PB) of 25.8 in 50m freestyle and placed 11th in the 15/16 years male event but unofficially 3rd of the 15 year olds competing – well done Tom – a massive congratulations to you. Quandialla held their swimming carnival on Saturday afternoon with perfect swimming weather – thank you to Quandialla. A number of Grenfell swimmers swam their best representing their club and everyone had a lovely afternoon ... hope everyone had some rain too! Good luck to St Joseph's swimmers at their Boorowa carnival on Tuesday.

Championships – please note - swimmers will be automatically nominated into championship events that they qualify for, except for the 200m freestyle and 200m Individual Medley. Please see championship schedule below; you must let us know if you choose not to compete in an event that you automatically qualify for or if you will be away. Please check dates below and the website <https://grenfell.swimming.org.au/page.php?id=13873> for qualifying summaries.

Important dates

Friday 2 March – 1st club championships night.

Friday 9 March – 2nd club championships night.

Monday 12 March - swimming club meeting 8 pm in the swimming club room. All welcome.

Friday 23 March – club presentation night.

Important information

Championships:

Friday 2 March – 200m freestyle, freestyle 10m, 20m, 33m and 50m. Backstroke 10m, 20m, 33m and 50m.

Friday 9 March – 200m individual medley, butterfly 10m, 20m, 33m and 50m, breaststroke 10m, 20m, 33m and 50m.

Swimmers will be **automatically nominated** for all championship events that they qualify for, **except** for the 200m freestyle and the 200m IM. **You must nominate for the 200m freestyle and the 200 individual medley if you want to compete in these events at the championships.** (Reminder: to qualify for the 200m freestyle you must have completed 6 swims of the 100m freestyle. To qualify for the 200IM you must have completed 6 swims of each stroke and currently be swimming at 50m in all of them). You must let us know if you choose not to compete in an event that you automatically qualify for. Please check the website <https://grenfell.swimming.org.au/page.php?id=13873> for qualifying summaries.

Official news

Team uniform – options are on display in the canteen - check them out and select your preference. Final decision will be by most popular so make sure you vote.

Weekly news

Raffle winner - congratulations to Ashley Mitton who was the winner of the \$250 of Tupperware kindly donated by Zanelle Smith. Thank you to everyone for supporting the weekly raffles.

Timekeeping/raffle roster: Friday 2 March - Greenaway, Stevens, Capra, Aspin, Robinson, Holmes, Holz (chief timekeeper)



Saturday 3 March

4pm

RB Bembrick Oval, Grenfell

Grenfell Junior Rugby Union in partnership with
Southern Inland & Brumbies Rugby Union
would like to invite families to a fun afternoon of Rugby



Zac Elliott, Development Officer Southern Inland Rugby Union will be attending with lots of fun skills for the children to get involved with.

Afterwards everyone is invited to join in a game of rugby 7's – yes that means Mums and Dads too!

When everyone is "Rugby'd out", there will be a **FREE BBQ** for players.

Everyone is welcome, new and current players and families.

Registrations will be taken on the day for the 2018 Junior Rugby season. We will be looking to field teams in the following divisions:

- U7s (non tackle), U8s, U10s, U14s, U14s and U16s.
- Girls VIVA 7s – U10s, U14s and U16s.

For more information please contact:

Scott Metcalfe 0427 002 138
Sam Allen 0422 163 927



SAVE THE DATE

GRENFELL VOICES AGAINST VIOLENCE COMMITTEE

Community Event



DATE: Wednesday 11 April 2018

TIME: 9.30am – 12 pm

PLACE: Grenfell Uniting Church, Forbes Street, Grenfell

COST: \$10.00 includes - Pick 5 items of clothing

FREE Tea/Coffee and morning tea

Speaker at 10.30

Funds raised will support projects raising awareness of Domestic Violence in the Weddin Shire

This is the perfect opportunity to finally let go of all the fabulous pieces you haven't been wearing so that someone else can love and wear them! In exchange, you can pick up some new pieces for your wardrobe! This event is for ALL dress sizes.

How the swap works:

1. Drop off all the clothes you no longer wear to Grenfell Community Health by 9 March 2018
2. Attend the event on 11 April 2018
3. At the end of the swap, items left over will be donated to Women's Refuges in Forbes and Young and local Charities

Swap guidelines: Women's and Children's clothing

What to bring: dresses, pants, skirts, tops, shoes, bags, scarves, hats, jewellery.

What NOT to bring: earrings, swimwear, underwear, pyjamas.

Clothes must be clean and in a condition that's not too heavily worn or too damaged. (Good quality like something you could give to a friend)

Grenfell Voices Against Violence Committee look forward to seeing you in April

SWAP FOR GOOD

Greenethorpe's ONE NIGHT IN VEGAS

A night of fabulous food, wine, and entertainment
raising much needed funds for the Greenethorpe Soldiers' Memorial Hall

Saturday 17 March 2018
7.00pm – 11.30pm

Dress Code: Las Vegas

Tickets \$60 each before 1 March, 2018 and \$70 each after 1 March, 2018

Tickets available to purchase online via the following link:

<https://www.trybooking.com/SYTB>

Proudly Sponsored By:



Buses will be available to and from the event from Cowra, Grenfell and Young. Available to book online when purchasing tickets.



THLHS SCHOOL UNIFORM

Junior girls uniform - Years 7 - 10

- Navy and sky blue polo shirt
- Navy pleated skirt
- Navy tailored shorts
- Navy trousers
- Navy sloppy joe with emblem
- Navy jumper with emblem
- Navy jacket with emblem
- Black leather shoes
- White/black socks/navy stockings/tights
- Accessories - Navy beanie, navy scarf, navy gloves

Junior boys uniform - Years 7 - 10

- Navy and sky blue polo shirt
- Navy tailored shorts
- Navy trousers
- Navy sloppy joe with emblem
- Navy jumper with emblem
- Navy jacket with emblem
- Black leather shoes
- White/black socks/navy stockings/tights



Senior girls uniform - Years 11 and 12

- Pale blue blouse with emblem
- Senior blue polo shirt with contrasting collar
- Navy checked pleated skirt
- Navy tailored shorts
- Navy trousers
- Navy sloppy joe with emblem
- Navy jumper with emblem
- Navy jacket with emblem
- Black leather shoes
- White/black socks/navy stockings/tights
- Accessories - Navy beanie, navy scarf, navy glove

Senior boys uniform - Years 7 - 10

- Pale blue collared dress shirt with emblem
- Senior blue polo shirt with contrasting collar
- Navy tailored shorts
- Navy trousers
- Navy sloppy joe with emblem
- Navy jumper with emblem
- Navy jacket with emblem
- Black leather shoes
- White/black socks/navy stockings/tights
- Accessories - Navy beanie, navy scarf, navy gloves



2018 THLHS Spelling Bee



Spelling is important because autocorrect is not always write.

To raise awareness of the importance of spelling, and to encourage our students to become more active in improving their spelling, we are going to be running a spelling competition for all students in Stage 4 (Years 7 and 8) during this term.

ROUND TWO WILL BE HELD WEDNESDAY 15 MARCH 2017.

Round 2 word lists have been designed with a range of words, to challenge each students based on their achievement in round 1. We encourage parents and students to work together in preparation for round 2 of the spelling bee. The Spelling Bee Championships will be held in week 9 (only few students willing to participate and who are achieved an outstanding result).

A variety of approaches can be quite effective, from look/cover/write, to word jumbles and games. Please encourage regular practice for students to be best prepared. Students are aware of the achievement level that they are aiming for.

BRONZE	SILVER	GOLD
easel	abstract	palette
kiln	foreground	carbohydrate
diet	production	hygiene
vitamin	technology	theatrical
curtain	director	seismology
script	rehearsal	personification
clause	alliteration	soliloquy
grammar	pamphlet	estuary
country	international	infrastructure
location	landscape	chronological
bias	cathedral	emigration
castle	interactive	propaganda
delete	multimedia	encyclopaedia
virus	catalogue	thesaurus
editor	classification	circumference
system	denominator	parallelogram
square	triangular	perpendicular
minus	composition	orchestra
vocal	timbre	synagogue
field	gymnastic	vertebrate
reward	generous	photosynthesis
faith	pilgrimage	renaissance
acid	respiration	glissando
freeze	thermometer	laboratory
sew	narrative	questionnaire
exit	physical	symmetrical

Library/resource centre update

This week our library/resource centre spaces have been further improved with the arrival of more new furniture to enhance our spaces.

An area with benches to allow students to stand if they wish, or sit (on our new stools) if they prefer has been added and is proving very popular with classes using the new laptop computers recently purchased by our P&C to supplement the number of desktop computers, allowing for a one-to-one ratio of computer to student in all junior classes.

When classes come to the library research area, they gather at the tables in the centre of the space; once instruction has been given by their teacher, students may, if they wish, move to an area that works better for their learning style – could be the individual carrels, the lounge, the benches, or the shaggy rug and bean bag area.

We've also brightened up the classroom area with new chairs and ottomans to complement the new tables we purchased last year.



Student response has been extremely positive: *'for a small school, we have great resources'; 'this is a great learning environment for me'; 'I love coming to the library for our learning'*. These are just some of comments we have been receiving. It is very rewarding to see our 'future ready' plans come to fruition and to know that it is so well received by staff and students.

Years 7 and 8 in particular have been up for many classes over the last week. Ask your Year 7/Year 8 student to tell you about our recent additions in the library. Please feel free to visit and check out the great new learning environment we are creating for our students ... **and thank you to the P&C for the five new laptop computers.**

Margaret Lynch
Teacher-librarian.





Captains Cup Round 1 Results

League Tag

Pool 1		Ladder				
	Rank	Comp Points	For	Against	Differential	
Lehane 1	5	3	6	9	-3	
Lehane 2	6	0	2	14	-12	
McNamara 1	3	4	7	7	0	
McNamara 2	4	4	3	15	-12	
McCabe 1	1	8	22	3	19	
McCabe 2	2	5	12	7	5	

Soccer

Pool 2		Ladder				
	Rank	Comp Points	For	Against	Differential	
Lehane 3	1	8	8	0	8	
Lehane 4	2	7	7	1	6	
McNamara 3	5	1	0	3	-3	
McNamara 4	6	1	1	5	-4	
McCabe 3	4	2	2	9	-7	
McCabe 4	3	3	2	3	-1	

*1 score card lost

Netball

Pool 3		Ladder				
	Rank	Comp Points	For	Against	Differential	
Lehane 5	4	4	9	8	1	
Lehane 6	5	2	5	13	-8	
McNamara 5	6	1	2	16	-14	
McNamara 6	1	8	18	11	7	
McCabe 5	2	5	13	9	4	
McCabe 6	3	4	13	3	10	

Total

House Captains Cup	Lehane	McNamara	McCabe
Points	24	19	27
Rank	2	3	1

