



# LAWSON'S LATEST

THE HENRY LAWSON HIGH SCHOOL

9 FEBRUARY 2018 TERM 1 ISSUE 2

## Homeside's big win over West Wyalong



THLHS junior cricket team squared off against West Wyalong last Friday. We lost the toss and were sent in to bat.

Massive efforts from Bailey Edwards and Matt Gault, who each retired after quick 60's, set our team off to a flying start. Solid efforts from the middle order kept the runs flowing and then, when Matt and Bailey came back in, the offense continued, with Matt finishing off after achieving his century.

The boys went out to field with incredible enthusiasm. Excellent efforts from Nathan Wilson and Harrison Starr in close kept the runs tight. Some exceptional bowling across the board kept the visitors below 100 runs when the game came to its conclusion.

THLHS victorious!

---

### School Vision

Students value learning as the means to creating their own future. They are empowered and confident through high impact teaching to assume a meaningful role in the world of infinite opportunities.

*My learning – My future*

---

### CHALLENGE, ENCOURAGE, ACHIEVE

49 SOUTH STREET, GRENFELL NSW 2810

02 6343 1390

[www.henrylawso-h.schools.nsw.edu.au](http://www.henrylawso-h.schools.nsw.edu.au)

## Where are they now with Jayson Hall - 1989

**Name:** Jayson Hall

**Year you graduated from THLHS:** 1989 - think stonewash denim with white suspenders worn down and bleached frosted fringes.

**Extracurricular/sporting activities:** I was a member of the Student Representative Council and the senior debating team. We won the Commonwealth Cup twice! I also represented the school in swimming, music and drama. These gave me a sense of accomplishment and belonging that was lacking otherwise.

**Favourite subjects:**

English was by far my favourite subject. A lot of this had to do with the fact Mrs Valencic was an amazing teacher who challenged us to think outside of ourselves and made learning such a fun experience. I also loved music and performing.

**Favourite memories from school days:**

If I am to be totally honest, school was a tough place for me. I was struggling with my own identity and sense of belonging and bullying. I have a lot of great memories of music class and performance and in particular performing *Sweet Transvestite* from the *Rocky Horror Picture Show* for my Year 12 performance and also at The Henry Lawson Festival Country and Western Talent Quest. (I'm still not sure they knew what hit them)!

**What am I doing now and the path that got me here?**

When I left school I really didn't have a clear direction of what I wanted to do work wise. My focus was more on personal development. I moved to Sydney and began to study acting, dance and singing ... I soon realised that if I wanted to eat I'd possibly need a job as well. I fell into hospitality like so many actors and began bartending and dancing on Sydney's infamous Oxford Street.

By chance I was asked to join the Start-up Team for Star City Casino in the Food and Beverage Division when it was opening. Within two years I transferred to the Customer Service Division and within six months, I was promoted to the position of Casino Services Executive Host, overseeing the entire customer services section.

I really enjoyed working in customer service and hospitality but grew tired of the casino industry after nine years. A friend suggested I apply to Qantas as cabin crew. Out of 16,000 applicants I was lucky enough to be selected as one of 50 recruits taken that year. I have been with Qantas over ten years working as international cabin crew and also as an international learning and development facilitator. I have the responsibility of providing service training to new recruits and crew changing roles. I absolutely love my job and feel blessed to work for such an iconic and inclusive organisation that has provided me with countless experiences and opportunities.

**Career highlights:**

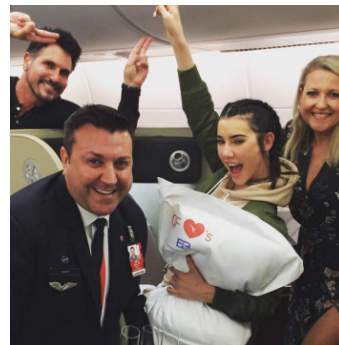
The standout moment for me was when I was lucky enough to take a temporary transfer to our London base. I lived in Paris for three years and commuted to London for work - this was definitely a bucket list moment for me. I have also been very fortunate to look after a myriad of people on board, both celebrities and non-celebrities, and have seen so many places and obtained a greater understanding of the world. Being involved in the training of new recruits is also a highlight.

**Advice for the young:**

School is very important, and some will have their path mapped out; a tertiary education will be the path they take. Some people study at the university of life and finding their path, or changing their path is also part of that education. So, don't put pressure on yourself unnecessarily and trust that although the path isn't sometimes clear it, always has a destination.

**Hindsight:**

Hindsight is a wonderful thing lol. If I had to start again I'd be much kinder to myself and I'd embrace my differences earlier and not be ashamed of them - it's our differences that make us unique and what others admire in us ... I'd also tell myself that part of me is always going to be that little boy from Grenfell and to be proud of that.



---

The response we have had from the Grenfell community regarding our *Where are they now?* column has been extremely positive but we need your help to keep the column going. If you would like to contribute or know of a past student who would be interested in contributing, please contact Liz Robinson on 6343 1390 or email [elizabeth.h.robinson@det.nsw.edu.au](mailto:elizabeth.h.robinson@det.nsw.edu.au)

## Principal's report

It has been a great start to the school year with all students settling in and acclimatising to the new school routine and learning. During my visits to the classrooms this week, the students were all engaged in learning, happy and doing their best. Everything we hope for!

### Great students

Most mornings I walk around to observe the literacy and numeracy activities that are occurring for Years 7 and 8. The students are engaged and learning which is great and remember, as literacy and numeracy improves, all other learning becomes easier and students are better able to complete tasks.

What is also fantastic is the support our Year 7 and 8 students receive from the rest of the school. More than three quarters of our Year 11 and 12 students and about half our Year 9 and 10 students are involved as volunteer tutors. This really is amazing, showing true school spirit, and is the reason why this program and our school is successful. I asked Frazer (Year 12) if he had learnt anything, his reply "oh yeh". Just goes to show that the seniors learn just as much as the students they help. Literacy and numeracy is for everyone, so make it a priority in your life and those around you.

### Junior boys' cricket

The junior boys had a good win against West Wyalong. They certainly picked up some tips from the Big Bash League with some big hitting from Bailey Edwards and Matt Gault. Matt went on to make 115 not out; not bad given he considers himself a bowler more than a batter. The team is back in action on Friday against Young. All the best and let's hope the good form continues.

### CSU visit

Last Friday the Charles Sturt University roadshow visited to talk with our senior students. The Roadshow gave students an insight into what university life is like, and the benefits of life and study at regional universities. We encourage all students to aim for the highest possible education options whilst at school. The university will soon runs MyDay which is an opportunity for students to visit the campuses and gain further information.

### P&C - the golden triangle – students, staff and parents

One way to be part of the golden triangle is to come along to our first P&C meeting which will be held on Monday 12 February in the school library, 7 pm start. The work of the P&C makes the school experiences of our students so much better, so come along and help with a project.

### Swimming carnival

The school's swimming carnival will be held on Friday 16 February. It will be fantastic to use the new Grenfell Aquatic Centre for the first time. Long distance events will be held on Wednesday 14 February during lunch and period 5. All parents and community members are invited to attend the carnival and support our students.

## Learning culture - How2Learn

It's no secret that our students are more successful when we all work together and understand the habits and practices that make us successful self-regulated learners. Education is big and the amount of information available is massive. As teachers, we spend our careers trying to perfect it, however, the students and best practices are constantly changing, making it a never-ending challenge.

**Let's think big!** My plan is to enlist the help of the entire Grenfell community. Each newsletter, I'll provide some education speak about how students learn best. Education speak will not also make sense to you however, if the readers can take one idea and try it out on students, family, work mates or employees we are all helping improve the futures of our students and community. It's ambitious however, the success of students is made up of thousands of small steps over 13 years of school. If we can add 5% or 10% more steps the results will be amazing; it would be like adding an extra two years of learning. The small steps matter, so hop on board and try some new ideas at home and work.

**Concept: value -if you don't value it, the brain won't remember it.**

Key ideas:

- Unless it is meaningful, relevant and timely, our brains can forget new learning quickly.
- Sense and meaning are part of the main criteria the brain uses when deciding what to encode to long-term memory.
- Making links from existing knowledge to new information is how the brain sorts relevance and value.

### Classroom and home application – consideration and ideas

- Build value amongst your students by discussing learning as it takes place. Allow students to ask questions like, 'Why are we learning this?', 'When might we use this learning in the real world?' As parents this can occur at home with related questions like 'Why are you learning about that?'
- Preview learning by providing students/parents with an overview of unit outcomes so they can make connections with things they already know. For parents, talk about the outcomes of assignments and tasks.
- Show exemplars and finished products.
- Make learning as 'real' and 'personal' as possible by using techniques such as simulations, hypotheticals, role-plays and scenario-based tasks. These can be done at home and at school.
- Use examples from students' experiences or ask personal questions to link concepts to learning, e.g. 'What would you do?', 'How would you feel?'
- Allow student voice and choice into your classroom.
- Provide varying entry and exit points into and out of a task, dependent on the level of challenge desired by different students. Students can also develop a meta-awareness of the level of challenge they would like on a 'fist of five' scale (this is a method of voting to make decision and changes).

Have a great week – Ian Pattingale



Our first meeting for 2018 will be held on Monday 12 February at 7 pm in the library. Come along to find out what our school community is up to.

Our AGM is next month – 12 March. Subs are only \$2.50. Sign up to be on the mailing list and stay 'in the know' – all are welcome!

Is this the year to experience the fun of helping out in the canteen? Whether it is once a month, once a term, or once to try it out, contact Sonja to sort out a day and times. Thanks to all those helpers eager to join the fun for another year.

Looking forward to a great year.

---

Would you like to have *Lawson's Latest* emailed to you?

Please contact the office with your email address or email the school at [henrylawso-h.school@det.nsw.edu.au](mailto:henrylawso-h.school@det.nsw.edu.au) to be added to our mailing list.

Have you downloaded our school app? Search **The Henry Lawson High School** on the iTunes or Google Play stores and download - it's free!



---

### Anglican Debutante Ball 2018

The 2018 Anglican Debutante Ball will be held on Saturday 19 May. The organising committee would now like to call for the names of those girls in Year 11 who are interested in making their debut this year. Could you please give your name and your partner's name (if possible) to Joan Eppelstun on 6343 1033 before Friday 2 March. Thank you.

### Vaccinations

#### Attention Years 7, 10 and 11: 2018 NSW School Vaccination Program

Each year NSW Health works with schools to offer vaccines recommended for adolescents by the National Health and Medical Research Council (NHMRC).

In 2018, the following vaccines will be offered to all Year 7 students:

- Human Papillomavirus (HPV) vaccine in a 2-dose schedule at 0, and 6 months.
- Diphtheria-Tetanus-Pertussis (whooping cough) - vaccine (dTpa) as a single dose.

**For Year 7, the first scheduled vaccination will take place on the morning of Thursday 15 March, the second on the morning of Thursday 20 September.**

In addition, this year, the NSW Government will also fund a school-based meningococcal vaccination program for all **Year 10 and 11** students, due to take place on **Thursday 10 May**.

Please mark these dates on your calendar.

**Year 7 parent information kits were distributed this week. Please read, sign and return consent forms to the school office as soon as possible.**



---

### Country Education Foundation of Grenfell

Helping our local young people  
to achieve their dreams.

You can support us by donating; to find out more contact [cefgrenfell@gmail.com](mailto:cefgrenfell@gmail.com) or visit <http://engage.cef.org.au/directory/foundation/3085/grenfell>

Applications for 2018 scholarships are now open.

# 2018 THLHS Spelling Bee



**Spelling is important because autocorrect is not always write.**

To raise awareness of the importance of spelling and to encourage our students to become more active in improving their spelling, we will be running a spelling competition for all students in Stage 4 (Years 7 and 8) during this term.

## **ROUND ONE WILL BE HELD THURSDAY 15 FEBRUARY 2018.**

Round 1 word lists have been designed with a range of words, across all key learning areas, to suit a range of spelling abilities. In this way we are hoping that all students will achieve some level of success and encourage all students to have a go.

We encourage parents and students to work together in preparation for the spelling bee. There are two initial rounds, which will lead to the Spelling Bee Championships later in the term. This is designed to be a fun and inclusive activity with merits and prizes for students who challenge, encourage and achieve.

A variety of approaches can be quite effective, from look/cover/write, to word jumbles and games. Please encourage regular practice for students to be best prepared.

1. colour	11. costume	21. disease	31. magazine	41. activity
2. costume	12. improvise	22. government	32. dictionary	42. exercise
3. landscape	13. apostrophe	23. conflict	33. estimate	43. qualify
4. sketch	14. metaphor	24. invasion	34. equation	44. tournament
5. design	15. rhyme	25. computer	35. perimeter	45. encouragement
6. flour	16. vowel	26. keyboard	36. subtraction	46. achievement
7. machine	17. atlas	27. network	37. choir	47. onomatopoeia
8. polyester	18. globe	28. spreadsheet	38. harmony	48. evaporation
9. recipe	19. climate	29. alphabet	39. percussion	49. temperature
10. applause	20. rural	30. librarian	40. tempo	50. sign

---

## **Calculators in Mathematics Classes**

Parents are asked to please ensure that their student has a calculator and that they bring it to all mathematics classes. When students do not have calculators, development of other skills, beyond simple calculations is limited, spending extra time on simple calculations and not focusing on the new skills being taught.

Calculators are available for purchase at the school office at a cost of \$22.00 and are considerably cheaper than those purchased elsewhere. Students also benefit from having the same calculator as their classmates, making social learning easier.

Thank you

Andrew Jones

Head Teacher (Mathematics)

# Swimming Club News

**Swimming club and Aquatic Centre enquiries:** Leann 0408 431 022 or new Aquatic Centre 0490 830 563

Although it was a little chilly on Friday evening we had a great turnout – well done everyone. Our club bids farewell to Kiarna Carroll who has been a long time, valuable member of our club, along with her parents Glenn & Liz. We wish Kiarna all the best for her future endeavours.

We have the **Mountains and Plains Championships** on this weekend. Please let Leann Logan or Jen Bell know if you are able to volunteer your time over the weekend.

## Important dates

**Saturday 10 and Sunday 11 February** – Mountains and Plains Swimming Summer Championships, Grenfell.

**Monday 12 February** – next meeting – 8 pm – swimming club rooms – all welcome!

**Saturday 17 February** – Business House Relays – starts 4.30 pm sharp with official opening of Grenfell Aquatic Centre at 5.30 pm – free gate entry.

## Important information

**Mountains and Plains Summer Championships Grenfell** - Saturday 10 and Sunday 11 February.

**Gazebos** – thank you to those who have lent them to the swimming club. Please make sure you have your name and size of gazebo/tent written on tent bag before dropping them off on Friday afternoon **between 3 pm and 6 pm**. Please do not drop off before 3 pm - Grenfell Public School carnival is on during the day.

**Friday afternoon** – 3 pm – 6 pm only – please drop off gazebos/tents during this time with name and size of tent written on tent bag (this helps tremendously when sorting out where tents will be positioned on Friday evening).

## Race marshalling - reminder to parents and swimmers.

- Swimmers need to be in marshalling area when events are announced.
- Swimmers also need to be listening.
- Their name is called three times for event.
- If swimmer is still absent, they will be automatically disqualified.
- There were a number of swimmers not available at the time of racing this week.
- Their absence is not our responsibility!
- This results in swimmers missing the event and then being disqualified from any following events. It's your nominated race! It's your responsibility to be present when called. No excuses!

**We have over 50 local swimmers competing this weekend. This is a fantastic response from our club and we wish you all good luck in your races.**

**Business House Relays** - Saturday 17 February – have you organised a team yet? Do you want to be in one or do you have any questions? Ring Leann on 0408 431 022 or Grenfell Aquatic Centre 0490 830 563. Will past year's winners DA Yates, Weddin Shire Council or Peter Mellon Motors win the glory for 2018 or will it be Gordon Garling Moffitt? Their three teams are sure to be good contenders. Don't miss out – you've got to be in it to win it - \$30 per team sponsored by our very supportive Grenfell local businesses. This is a great fundraiser for the Grenfell Swimming Club – let's do this for the kids

## Official news

**Perpetual trophies** – please return perpetual trophies to Leann at the Aquatic Centre as soon as possible.

## Weekly news

**No swimming club this week due to working bee (from 6 pm) for Mountains and Plains Carnival.**

**Raffles** - raffle this week was a lovely shoulder bag kindly donated by the Robinson family and won by Liz Carroll – congratulations Liz. Donated raffles are greatly appreciated and may be left with Leann at the Grenfell Aquatic Centre.

**Stroke correction classes** - Saturdays 10 am – 11.45 am, \$5 per swimmer.

**Swimming squad sessions** - Monday – Thursday, 4 pm – 5 pm and 5 pm – 6.30 pm.

**Timekeeping/raffle roster: Friday 16 February (next Friday!) HEATHCOTE, GRIFFIN, HUNTER, HUGHES (Megan), BATEMAN, WOOD, GIBSON.**

Please note: If you cannot perform your duty on the allocated night it is your responsibility to find a replacement. There will be six timekeepers and one person in charge of selling raffle tickets.

---

## Well-being Corner

*The more specific your goals, the more likely you are to achieve them.*

Did you jot down your goal/s? If so, are you excited and eager to get started, or are you worried already that you may not succeed? Maybe that's because your goals are too vague. For example: "I'll make new friends" sounds good, but it's not specific enough. Instead, you might try: "I'll join the band because Matt belongs and I'd like to get to know him better and also, I like music". Take time to review and, if necessary, revise your goals. Make each one as precise as you can.

## THLHS 2018 Calendar TERM 1 Starting 29/1/2018

1	29/1/2018 SDD Day 6	30/1/2018 Term 1 commences for all students Years 7-12 Day 7	31/1/2018 Day 8	1/2/2018 Day 9	2/2/2018 Junior Boys Cricket vs. West Wyalong Day 10  11/12 CSU Roadshow
2	5/2/2018 Day 1	6/2/2018 Day 2	7/2/2018 Years 7 & 8 Well-being day Day 3	8/2/2018 Day 4	9/2/2018 Junior Boys Cricket vs. Young Day 5
3	12/2/2018 Day 6	13/2/2018 Day 7	14/2/2018 Swimming carnival long distance events (lunch) Day 8	15/2/2018 Day 9	16/2/2018 Swimming carnival Day 10
4	19/2/2018 Day 1	20/2/2018 Day 2	21/2/2018 Day 3	22/2/2018 Day 4	23/2/2018 Day 5
5	26/2/2018 Day 6	27/2/2018 Science & Engineering Challenge Young RYDA - Cowra Day 7	28/2/2018 Day 8	1/3/2018 Day 9	2/3/2018 Day 10
6	5/3/2018 Day 1	6/3/2018 Science Challenge Day 2	7/3/2018 Day 3	8/3/2018 Day 4	9/3/2018 Day 5
7	12/3/2018 Parent/Teacher interviews (all students) Day 6	13/3/2018 Day 7	14/3/2018 Day 8	15/3/2018 Western Region Swimming Year 7 vaccinations Day 9	16/3/2018 Day 10
8	19/3/2018 Day 1	20/3/2018 Day 2	21/3/2018 Day 3	22/3/2018 Year 7 Camp Day 4	23/3/2018 Day 5
9	26/3/2018 Day 6	27/3/2018 Day 7	28/3/2018 Day 8	29/3/2018 Day 9	30/3/2018 Good Friday Day 10
10	2/4/2018 Easter Monday Day 1	3/4/2018 Day 2	4/4/2018 Athletics 1500m Day 3	5/4/2018 Year 12 half yearly exams Day 4	6/4/2018 Year 12 half yearly Exams Day 5
11	9/4/2018 Year 12 half yearly exams Day 6	10/4/2018 Year 12 half yearly exams Day 7	11/4/2018 Day 8	12/4/2018 Day 9	13/4/2018 Athletics carnival Day 10

**Fun Rugby Afternoon**  
**SAVE THE DATE**  
**Saturday 3 March 2018**  
**4 pm – 7 pm**  
**R.B. Bembrick Oval**

**Supported by the BRUMBIES development team.**

**Save the date for this awesome FREE afternoon of Rugby Union and Viva (touch) for boys and girls 5 to 16 years. FREE BBQ dinner will be included for all players.**

**More details next week.**

**Grenfell Junior Rugby Union Club**

**Contact**

**Scott Metcalfe: 0427 002 138**

**Sam Allen: 0422 163 927**

---

**GRENFELL JUNIOR RUGBY LEAGUE 2018 REGISTRATIONS**

Grenfell JRL is inviting all returning and new players to register for the 2018 season.

We are a progressive junior footy club incorporating Rugby league and league tag for the girls.

We pride ourselves in being a supportive and social club for families and offer a free family BBQ each home game with our major sponsors the Grenfell Country Club.

Registration is FREE for all NEW players registering for the 2018 season.

RETURNING PLAYER FEE: \$100.00 per player.

THE ACTIVE KIDS VOUCHER MAY BE REDEEMED AT THE TIME OF REGISTRATION TO ASSIST FAMILIES WITH THE COST.

Registration includes:

- shorts and socks
- team playing jumper awarded to players at presentation day
- trophies
- team photos.

Details on how to register can be found on Grenfell JRL Facebook page or Phone Brenda (Registrar) on 0423273371.

---

**Cargo to Grenfell Fundraiser**

C2G is a three day charity walk 96km from Cargo to Grenfell with the goal of raising funds and awareness for Beyondblue.

The 96km route will be held from 8 -10 March 2018. Day one - Cargo to Canowindra, Day 2 - Canowindra to Gooloogong, Day 3 - Gooloogong to Grenfell, with the objective of raising \$10 000 for Beyondblue and highlight mental health issues in rural and remote communities. In March 2017, Toby Barons, founder of C2G, myself and seven of our friends and family members set off on the first C2G 96km walk. We were all quite oblivious to what we were getting ourselves into - we would all call ourselves reasonably fit; it's safe to say this was a huge mental and physical challenge for everyone. After finishing the 23km leg on day one, the thought of the final 45km leg on day three was daunting. We all made it and whilst sitting in buckets of ice complaining in pain afterwards, everyone agreed that it was the experience of a lifetime and one of the best things they'd ever done.

After a lot of work we are now looking for participants, volunteers, sponsors and most importantly DONATIONS! Any one over the age of 18 is eligible to participate, however we do recommend only participating if you have a moderate fitness level as the walk is physically challenging. Anyone interested in becoming involved in C2G can visit our website: [www.c2gwalk.com](http://www.c2gwalk.com), Facebook page: Cargo to Grenfell fundraiser walk or email [c2gwalk@gmail.com](mailto:c2gwalk@gmail.com)

The most important part of C2G is giving back to a deserving organisation, therefore donations are crucial. All donations sent through to our online donating platforms go straight to Beyondblue. To donate any amount, great or small, please visit [give.everydayhero.com/au/c2gwalk](http://give.everydayhero.com/au/c2gwalk) or [www.gofundme.com/c2gwalk](http://www.gofundme.com/c2gwalk). We also have links to these sites on our Facebook page and website.



Thank you for your support.

Sarah Knowles