



# LAWSON'S LATEST

THE HENRY LAWSON HIGH SCHOOL

1 SEPTEMBER 2017 TERM 3 ISSUE 7



Our newly inducted 2018 school captains, Frazer Ryder and Jessica Pereira and vice captains Tarlia Cotter and Samuel Carpenter pictured with special guest Ms Courtney Taylor, school captain 2010.



**THE HENRY LAWSON  
HIGH SCHOOL**

***YOUR SCHOOL YOUR COMMUNITY***

**COME AND SAY HELLO AT THE  
2017 GRENFELL SHOW.**

Staff, students and P&C representatives will be available to showcase the wide variety of educational, cultural and extra-curricular activities available to students at your local school.

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49 SOUTH STREET, GRENFELL NSW 2810

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[www.henrylawson-h.schools.nsw.edu.au](http://www.henrylawson-h.schools.nsw.edu.au)

## New school leaders

I would like to firstly acknowledge our outgoing captains, SRC and sports house captains for their leadership and efforts in representing the school over the past 12 months. They have all done a fantastic job; special mention must be made of Shannon, Selwyn, Mitchell and Madison for their assistance this year.



Welcome to our new captains for 2018 and thank you for taking on the challenge of being a leader. I look forward collaborating with you as we work to improve the education experience for all. Well done Jessica, Frazer, Tarlia and Sam on your appointments as school leaders for 2018.

I would also like to thank all the students who nominated for selection for the various leadership roles and remind them that leadership is not always appointed, and at any time we may each be called upon to be a leader. Every one of us needs to be a leader as some point. You have already shown leadership potential by challenging yourself to nominate. I'm sure I will see more of you as a leader in the near future.

It was a real privilege to be part of the induction of our new school leaders for 2018 last Wednesday. I remind everyone that we need leadership without which, little would change, improve or grow.

During the assembly I asked all to reflect on what leadership is: is it about vision; is it about speeches; is it about helping others; it is about encouraging others, is it just about being good at something; it is about being organised; is it about being a good manager; is it just about having a go? Is it about all these things?

Is leadership a journey into the unknown, as there are no defined boundaries of what leadership can look like? A person's leadership ability can appear from nowhere at any time and disappear just as quickly as a situation changes. We are all leaders at some point; so what is leadership?

I see school leaders every day at school and most are not recognised with a badge. It is everywhere at any time, and without it we could not function as a society.

We need appointed leaders who work tirelessly to bring out the leadership ability in us all. People who know and encourage others to be the best they can and provide the energy and enthusiasm for us all to do better and be involved. Such people are the backbone of our community.

Most of the time, demonstrating leadership is simple. It can be encouraging friends to participate, challenging yourself to participate in new activities, representing the school in sport or a community event such as the Henry Lawson Festival of Arts, helping others; the list is endless. We are all capable of these things. We are all leaders at some point in time and I encourage everyone to continue with and expand upon their participation.

Leadership is all of us taking on the responsibility of supporting our friends, family, team, school and community, as well as pushing ourselves continually.

Our school motto is "Not for self but for country". I encourage us all to reflect on this statement and what it means to you as a student, parent or staff member.

I encourage each of us to continue to strive for the best possible outcome for each and every one of us. Is this what leadership means to you?

## This week

### HSC art

Our fabulous Year 12 HSC art works have been submitted and locked up ready for marking. It is always amazing to see the creativity and skills developed and displayed by our senior art students. Well to Mrs Reidy and the students.

### Year 8 cake stall

Plenty of great cooking was on display ready for consumption by staff, parents and students at the Year 8 cake stall last Tuesday. All money raised is going towards their trip to Sydney late term 4. I managed a few chocolate crackles; some of the best I've tasted yet!

### NAPLAN online readiness testing

Years 7 and 9 have been involved in the NAPLAN online readiness trials which have been designed to test the department's systems to complete NAPLAN online. Initial feedback from the students has been positive, with many enjoying the online test more than the written test. This is good news.

### Year 11 and 12 exams

Our senior students have started their Year 11 end of course and trial HSC exams this week. We wish them all the best. The next two months are an important time for our Year 12 students so please help them out and encourage them to dedicate time to their studies, but also to take some down time to help their brains to relax, better learn and appreciate the experience.

### See us at the show!

Please visit the school hut at the Grenfell Show to say hello and see some of our student works and projects. Our Stage 5 elective agriculture students will be busy participating in many activities throughout the two days as part of their studies. Good luck, learn lots, have fun.

### Next week

Next week is **school administrative and support staff (SASS) recognition week**. Our SASS staff is the hard-working group that keep the administrative engine-room of the school running. They are the people you meet at the office, the first person you speak with on the phone and do a fantastic job supporting the teaching staff. We thank them for their efforts and hard work. If you do happen to come to school next week, please acknowledge and thank our SASS as they are a large part of reason why our school is successful. I can't thank them enough. During my first year they have been highly supportive and have made my time here very enjoyable. Thank you.

**Year 9 subject selections** - an information evening for parents and students of Year 8 on subject selection for Year 9 will be held on Wednesday 6 September at 6 pm in the library. Please come along to find out more about subjects offered and processes for 2018.

**Love Bites program** - Year 10 students will participate in the *Love Bites* program on Thursday 7 September.

**Year 9 peer mentor training** - Year 9 will participate in peer mentor training on Thursday 7 September in preparation for their role as Year 7 mentors 2018.

**State athletics** - I wish our state athletes all the best for their events next week at the state athletics carnival.

**Soccer gala day** - our Years 7-10 students will be participating in a soccer gala day against Canowindra High School next Friday; it will be an enjoyable day of skill, fitness and fun.

**Year 12; what's next?** There will be an information evening for Year 12 students next Thursday 7 September at school on what's next for Year 12. This will be an opportunity to learn and discuss post-school options. There will be visiting presenters to help inform parents and students. In addition, Charles Sturt University will have a representative at school next Friday to speak about university and options at CSU. Please contact Ms McCulloch for more information on both these events.

Have a great week!

Ian Pattingale



## Where are they now with Stephanie Moffitt - 2001

I graduated from THLHS in 2001 – there were 37 of us doing the HSC that year. We had the best time and became firm friends, hanging out in the Year 12 common room (mostly I remember playing cards, but presumably there was some studying going on as well).

My favourite subjects at school were English, history and music – mainly because they didn't involve any maths, but also due to the fantastic and passionate teachers we were lucky to have. I was in the choir and the school band, which were both so much fun. I played netball (though not very well) and was in the debating team; flying up to Armidale to compete against The Armidale School in the State Debating Competition was a definite highlight of my time at THLHS!

My extracurricular activities at school helped me gain a lot of confidence; especially in speaking in front of a crowd, and being able to think on my feet and communicate well generally. These skills have been incredibly useful ever since, both professionally and personally.

After school I went to the University of Sydney and studied Arts/Commerce, majoring in English (which kept me sane throughout my degree) and human resources (which got me a job!). Uni was a fantastic experience and living on campus at The Women's College was an integral part of that – again, making many life-long friends. I was never more grateful to have benefited from a fantastic public education.

My first job out of uni was as Human Resources Administrator at a medical devices company in Lane Cove West. This wasn't the glamorous role I'd pictured for myself (with a long commute on public transport and loads of paperwork and filing), but now I realise it was an incredibly valuable learning experience and taught me the basics of everything I now do every day.

Since then I've worked in HR in an accounting firm and a law firm, and now I'm a senior HR consultant at Catalina Consultants, a boutique HR consultancy firm based in Sydney's CBD, that my boss from the accounting firm started by herself almost five years ago. We support companies of all sizes – from start-ups, to large technology, accounting and architecture firms – in all aspects of HR including training and development, legislative compliance, best practice programs and initiatives, and general HR advice and coaching. It's a fantastic role and I'm lucky to be able to work across a whole range of industries and meet lots of interesting people.

My advice to young people just starting their careers is to treat every experience as a learning experience, no matter how boring or pointless you think it is at the time. And never underestimate the difference a good and inspiring boss (and a great team) can make to your development, fulfilment and day-to-day happiness.

Thank you, THLHS, for asking us to share our stories. I'll always be so thankful to you and your dedicated staff for the fantastic education, support and encouragement you provide.



### CANTEEN ROSTER

#### Week commencing 4 September

<b>Monday</b>	Keryl McCann
<b>Tuesday</b>	<b>Vacant</b>
<b>Wednesday</b>	Rae Dawson
<b>Thursday</b>	<b>Vacant</b>
<b>Friday</b>	Beth Knight

#### Country Education Foundation of Grenfell

Helping our local young people to achieve their dreams.

You can support us by donating; to find out more contact [cefgrenfell@gmail.com](mailto:cefgrenfell@gmail.com) or visit <http://engage.cef.org.au/directory/foundation/3085/grenfell>

Applications for 2018 scholarships open soon.

# SCHOOL LEADERSHIP TEAM 2018



## Grenfell Public School 150<sup>th</sup> Anniversary-1867-2017

To celebrate the Grenfell Public School 150<sup>th</sup> Anniversary, we are offering commemorative pavers for sale as a memento. Families, community members and organisations are invited to purchase personally engraved pavers; which will be showcased in a later purpose built pergola.



### OFFER 1: \$40 SINGLE PAVER

Your \$40 entitles you to have your name/names engraved into a commemorative paver as a memento to celebrate the Grenfell Public School 150<sup>th</sup> Anniversary.

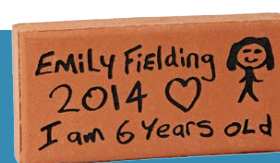
The pavers will be showcased in an **Outdoor pergola**.



### OFFER 2: \$80 DOUBLE PAVERS

Your \$80 entitles you to have your name/names engraved into a commemorative paver as a memento to celebrate the Grenfell Public School 150<sup>th</sup> Anniversary.

The pavers will be showcased in an **Outdoor pergola**.



### OFFER 3: \$45 HAND DRAWN PAVERS

Your \$45 entitles you to have your hand drawn picture engraved into a commemorative paver as a memento to celebrate the Grenfell Public School 150<sup>th</sup> Anniversary.

The pavers will be showcased in an **Outdoor pergola**.

Simply pick up a form and return along with full payment by cash or cheque to: **Grenfell Public School**  
Alternatively download the Paver PDF from the school website below.

<http://www.grenfellp.schools.nsw.edu.au/sesquicentenary-celebrations/centenary-pavers>

Email: [grenfell-p.school@det.nsw.edu.au](mailto:grenfell-p.school@det.nsw.edu.au)

Address: Melyra St, Grenfell NSW 2810

Phone: (02) 63432122



## **Congratulations to the winners of the Year 7 raffle.**

1st prize Jess Brenner - load of wood – kindly donated by the Warnke family

2nd prize Jen Kelly – Go Grenfell voucher

Year 7 managed to raise \$233 dollars which will help fund their excursion at the end of next term.

Thank you for your support.



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### **Soccer Gala Day**

#### **Friday 8 September**

Excitement is certainly building as students from Years 7 to 11 are keenly training and preparing for the 7-a-side soccer gala day to be held at Lawson Park next Friday 8 September. Our students will compete in the following divisions against each other and the students from Canowindra High;

- Year 7 boys
- Year 8 boys
- Year 7 and 8 girls
- Year 9, 10 and 11 boys
- Year 9, 10 and 11 girls

The Year 7 and 8 students will play on the three ovals in front of the soccer canteen. The Year 9, 10 and 11 students will be playing on two fields on the Rugby league oval. Students will also be required to help with the umpiring and running lines on the day. A duty roster will be drawn up.

Students are required to wear their blue school shorts ONLY and school shirts. School sports tops will be available for some teams and these will be distributed on the day. They will also need to organise a pair of football socks to wear, these can be any from football codes played in Grenfell. If players have football boots to wear these are preferred but not essential. Additionally shin pads are to be worn, the school has some pairs, however if players have their own or can borrow some this would be great. It is the responsibility of players to have this gear and be organised for the day. Students are only to wear school uniform items otherwise they will stay at school.

Students are to meet outside the front office when they arrive at school on Friday morning to have their roll marked and staff members will escort them to Lawson Park at 8.50 am. Games will commence at 9.15 am. Students will be walked back to school, ready for buses, at the end of the day. The soccer club has kindly offered to run the canteen on the day and items for sale and prices are set out in this newsletter.

It would be great to see lots of parents come and enjoy the day and cheer our students on. If anyone is able to give a hand in the canteen or umpire a game let me know. If you or your student have any questions contact me at school.

Megan Crossley

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### **Year 12, what's next? – Life after school.**

An information evening for senior students and their parents

When: Thursday 7 September, 2017

Time: 6.00 pm

Where: THLHS Library

This is an evening for senior students and their parents to listen to experts in their field regarding options for life after leaving school. Each guest speaker will talk for approximately 10 minutes, followed by informal discussion time where parents and students can seek more specific information pertaining to their circumstances.

It is hoped that the following organisations will be represented:

- Charles Sturt University
- TAFE NSW
- Centrelink
- Verto
- Apprenticeship & Trainee Centre

This event is planned for the evening time so that parents can come along and support their child and be updated with relevant information at the same time.

Please indicate your interest with the school office for catering purposes.

## GRENFELL CRICKET CLUB NEWS

Grenfell Cricket Club will be holding registrations on Wednesday, 4.00 pm to 5.00 pm at Lawson Park. Training will also start on Wednesday.

Grenfell Cricket Club are looking at fielding teams in the Cowra competition as in previous years, we will be fielding under 12s and under 15s in the junior competition and teams in the senior competition.

This year we are hoping to introduce an under 10s competition here in Grenfell on Wednesday afternoons. We will also be conducting an introduction to cricket for under 8s once the season starts; watch this space for more details. All coaching is provided by qualified coaches with current resources.

### Registration details

Registrations are to be done online <http://www.playcricket.com.au/club-finder/club-details?id=13056>

When: Wednesday 6 September

Time: 4.00 pm

Where: Top Lawson Park

Cost: \$50 junior player & \$150 senior player.

For enquiries contact Bec 040766295 or Megan 0429195746.

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## Year 8 parents

Your P&C invites you to help with the

### Year 12 Farewell Dinner

Friday 22 September, 2017

This event is a highlight in the P&C calendar, where we come together as a school community to farewell our graduating students.

Ms Jen Bell is the liaison for parent helpers and may be contacted at school on 6343 1390 or [jennifer.m.bell@det.nsw.edu.au](mailto:jennifer.m.bell@det.nsw.edu.au).

<b>Like to help before the function?</b>	<ul style="list-style-type: none"><li>• Work with the food tech students in our fantastic kitchen between 11.30 am and 3.00 pm</li></ul>
<b>Like to be part of the fun team working behind the scenes?</b>	<ul style="list-style-type: none"><li>• Join the carvery team at the roasting barbecue from 6.30 onwards (bring your knives men!)</li><li><b>OR</b></li><li>• Be part of the action in our commercial kitchen serving and/or clearing pre dinner, main meal and dessert between <b>6.00 pm and 9.00 pm</b></li></ul> <p>You can stay for an hour or enjoy being part of the whole function!</p>






#### Do you have your current **Working With Children Check?**

There are two options.

Call into our office with 100 points of ID and our staff will add you to our register

**Or**

Go to

<https://www.kidsguardian.nsw.gov.au/working-with-children/working-with-children-check>

It's free and covers you for all **volunteer** situations for five years.

When you have your WWC number we'll add you to our register.

**Students** who wish to be part of the student team should give their name to Mrs Mitton who is coordinating **student** helpers.

# APPRENTICESHIPS WITH ESSENTIAL ENERGY

We are currently seeking men and women for Powerline Worker and Electrical Technician Apprenticeships across regional NSW. If you're looking for a career that is diverse and challenging, this may be the opportunity for you.



For more information and to apply, visit [essentialenergy.com.au/apprentices](http://essentialenergy.com.au/apprentices)  
Applications open Friday, 18 August and close Friday, 8 September 2017.

Essential Energy is committed to building a culturally diverse and inclusive workplace and strongly encourages applicants to apply regardless of gender, age, sexual orientation or disability. As an organisation, our aim is to champion inclusivity in the workplace and celebrate the difference in all our employees.

**POWERYOURCAREER**

> THINK SAFE > WORK SMART > MAKE A DIFFERENCE



## Well-being Corner

***“Be kind, for everyone you meet is fighting a harder battle”. Plato***

You can't know what's really happening in someone else's life. The most popular, attractive, and successful person at school might have problems you're clueless about. Even on your own bad days, you can spread a little kindness – a smile, a gesture, a word, a generous and unexpected act. You might brighten another person's day, and you'll feel better about yourself too.

**TODAY**  
I will be kind.



# THE HENRY LAWSON HIGH SCHOOL

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**49 SOUTH STREET  
GRENFELL NSW 2810**

Phone: (02) 6343 1390

Email: [henrylawso-h.school@det.nsw.edu.au](mailto:henrylawso-h.school@det.nsw.edu.au)

## **Important information for students/parents/carers Years 10 and 11**

### **LOVE BiTES program for Year 10**

The LoVE BiTES program will be presented to Year 10 students at school on Thursday 7 September. At its core, LoVE BiTES aims to educate young people on the nature of healthy relationships, dealing with issues such as sexual assault and domestic and family violence. The program, conducted in schools throughout the state, is delivered by professional health workers.

LoVE BiTES will be presented in the form of two workshops, followed by another session which will consolidate the information and result in the production of student-developed artwork, inspired by the themes presented through the day. Past students have found the program to be informative and valuable.

Year 10 students do not need to wear uniform on this day, (keep in mind, you will be painting in the afternoon), but must wear closed-in shoes. Please bring your own morning tea; a sausage sizzle lunch will be provided at a cost of \$2.00. Please pay this to the school office as soon as possible.

### **Years 10 and 11**

This year, the LoVE BiTES program will be backed-up by a visit to the school and community during week 9. Speaker Angela Barker, who has been invited to Grenfell for White Ribbon Day, works to educate people on healthy relationships. As Angela's personal experience is one which is examined in the LoVE BiTES program, both years 10 and 11 students have been invited to attend; this will take place during periods 3 and 4 on Friday 15 September. This is a community event, and all are welcomed. Further details, including that of cost, are available from Grenfell Community Health on 6349 1777. (There will be no charge for our years 10 and 11 students).

**Should you have any concerns regarding your student attending any or all of these events, please contact Margaret Lynch at the school.**

**CHALLENGE, ENCOURAGE, ACHIEVE**



# STUDY SKILLS HANDBOOK

## Learning Collaboratively

We are all different in the way we prefer to learn. Some students like to work in groups, and others prefer to work alone. Some students like to discuss things over Skype or messenger and some like to work together in person. There is a reason why we have the saying 'two heads are better than one', so let's see how this applies to different types of students.

### ***If you think you always prefer to work alone:***

- It is great that you are very self-sufficient. Students who prefer to work alone are often confident in their own abilities. However sometimes these students make it more difficult for themselves by not asking for help when they need it. So if you are this type of student, don't struggle on alone when you get into difficulties or don't understand something. Being able to ask for help when you need it is an important skill for academic success. Just become more aware that you don't always ask for help and instead try reaching out a little more when you need help.
- The other area to consider is that when you talk about things with other people it can often help you to see things from a different perspective. By discussing ideas with another person, you also may find you clarify your own thoughts. By not being open to collaboration, you might not develop your ideas as well as you could or you might not see potential issues that a fresh pair of eyes and ears might discover. If you haven't done much collaboration, give it a try and you might find yourself surprised at how valuable you find the experience.

### ***If you already love working with other people:***

- Make sure that you always contribute equally and don't expect other people to do all the work for you.
- Collaboration doesn't mean cheating. For example, it is ok to discuss an assignment and what you think it is about and how you might approach it, but it is not ok to write the assignment together and hand in similar pieces of work.
- Collaboration also doesn't mean wasting time. If you are working with other people make sure you are staying on task and not getting distracted.
- Every now and then you have to do things on your own. If you always do your maths homework with your friends, you might not really know what you can and can't do on your own. The first time you find this out could be a test which could be a big issue. Always ask yourself if the work you are doing is going to be enhanced by collaboration or if it is more appropriate to try the work on your own.
- It is important each night to have a certain amount of homework time on your own. If you want to collaborate when you are working at home, make specific times to do this. Don't skype the entire night with your friends. Instead have set times for collaboration and set times for independent work.

You and your parents can learn more about groupwork skills at [www.studyskillshandbook.com.au](http://www.studyskillshandbook.com.au) by logging in with the details below and working through some of the units.

Username: THLHS

Password: 49SUCCESS

# Soccer Gala Day

## Friday 8 September

### canteen price list

Pie	\$4.00
Sausage roll	\$3.00
Hot chips	\$2.50
Hot dog	\$2.50
Fresh sandwich	\$3.00
Chocolate brownie	\$0.50
Chocolate bar	\$2.00
Coffee	\$3.50
Hot chocolate	\$3.50
Tea	\$1.00
Cans of drink	\$2.00
Powerade	\$3.50
Popper	\$1.00
Water	\$1.50
Ice block	\$0.50

GIRLBOUND FITNESS

EASY COACHING  
SESSIONS

Check out our instagram and website



Instagram QR code



Website QR code

