



LAWSON'S LATEST

THE HENRY LAWSON HIGH SCHOOL

23 JUNE 2017 TERM 2 ISSUE 9

Around the grounds ...



Congratulations to past student Brent Logan on winning the statuette for the second year running at the Henry Lawson Festival of the Arts photography competition. Brent's photo-portrait of local pianist John Willems certainly makes a fine study.



Our students do amazing things everyday at school, but they also shine in their community:

- Anna Hunt has been selected in the under 14s NSW Country Football (soccer) team to compete at the national youth tournament in Coffs Harbour in July. She has been training and preparing for this event since January.
- Jade Hooper will be traveling to Campbelltown on 30 June to represent Young and District Netball Association at the state age netball carnival. This is the fourth year that Jade has been selected in the Young and district side.



Congratulations Anna and Jade and good luck!

CHALLENGE, ENCOURAGE, ACHIEVE

Grandparents and Parents Day

On the back of last year's successful event, Grandparent Day has grown into Grandparents and Parents day. Please book the day in your diary and make sure you come to school to share a couple of hours with us. We have a first-class eisteddfod award winning assembly planned, master chef lunch, and then a little sneak look at the learning that occurs every day. So book Monday 24 July into your diary; I look forward to seeing you.

Fantastic Dancers

Well done to our dance troupe on their success at Forbes Eisteddfod. This is such a great effort by the students involved, to win both the Cowra and Forbes Eisteddfod. Thank you to Ms McCulloch and Francesca Fenton for helping to prepare our students for the big stage.



Regional SRC Day

Our student leadership team sent representatives to the regional SRC meeting at Forbes. This is a terrific opportunity for our student leaders to work with other student leaders to address more general issues across all schools. The reports from students were very positive and I thank Mrs Taylor for assisting with the organisation and travel.

HSC Seminars – CSU

Six of our Year 12 students travelled across to Bathurst this week to participate in the HSC enrichment day at CSU. These seminars for HSC courses provide an opportunity for Year 12 to gain understanding and knowledge from experienced Central West secondary teachers, many of whom have spent a considerable number of years as HSC markers for their subject. This was a wonderful opportunity for our students to gain that little extra in preparation for the HSC.



Chessnuts

The THLHS Chessnuts team were heavily involved in online action as they played Orange High School using the site www.chesshere.com. The result was a 2-2 draw at the end of regulation play. THLHS got off to flying start when number one player Peter Armstrong flexed his chess mind-muscle to quickly secure a good victory over the number one Orange HS player. Frazer Ryder has been the find of the season and has secured

a spot in the first four with his string of victories in 2017. Sam Carpenter, number three, was in the game but behind on points and just could not make a move to reverse the flow and gain the initiative in his match. At THLHS 2 and OHS 1, Dylan King would be the key to victory and after a technical issue, flat laptop at OHS, he was given a second life as the match restarted. In the restart Dylan made a monumental mistake with the mouse (yes it happened, no undo button) which allowed his opponent to easily take his queen. It was a long road back for Dylan who rallied from the mistake, challenging his opponent's king on many occasions; it looked as if he might just recover when his opponent delivered a checkmate blow. Score now: 2-2. In the event of a draw the number four match is dropped off, leaving Orange with a 2-1 victory. With the season over we celebrated with cheese, biscuits and fruit. It was a good run for the boys and I look forward to 2018.



Rerun of the classic *Fairytails*

Grenfell PS and St Joseph's will view the drama club's *A Parody of Fairytails* next Wednesday at 2 pm. Years 7-12 will view the production on Friday.

Principal's tip – using class time

What are the advantages of using class time efficiently? Well, you will complete more work in class and have more free time at home, your teachers will be pleased with your application and so will your parents when they read your report, and of course, you will learn more! And if you don't use class time efficiently? Well you will have to do more work at home, you will find you don't always understand the work, your teachers will have to be continually disciplining you and you may even make it harder for other people in your class to learn. The benefits of working in class are clearly obvious! So what does working effectively in class mean? It means listening, contributing, staying on task, and working to the best of your ability. It means learning to focus and concentrate and developing the discipline to work, even if it is not your most favourite subject!

(Source – www.studyskillshandbook.com.au).

I raise the above to highlight that life is full of chances. All the classic sayings like putting your best foot forward, you make your own luck, right place right time or wrong place wrong time come from recognition that you need to take risks, try new things and always work consistently, making beneficial use of your time. You never know when your next chance at something great will arise, but you can move closer to it by always being prepared, giving your best effort and by trying new things. Have a great week!

Ian Pattingale
Principal

Where are they now with Amy Graham - 2014.

Graduated: 2014

Sports: I was always involved in most sporting teams such as touch football, soccer and netball. I always took part in carnivals - swimming, athletics and cross country, which I really enjoyed, as someone who is quite competitive!

Favourite subjects: definitely PDHPE, visual arts & English!

Most memorable moments: Year 11 Crossroads program, gold merit snow trip and my Year 12 graduation. I still remember it like yesterday, walking through the tunnel of all the teachers' arms with the whole assembly clapping and cheering us Year 12 students. It was a very proud moment, and one I'll never forget.

What am I doing now? I'm in sales and marketing, and I run my own small business doing customer acquisition for other small businesses and NGO's (face to face sales).

How did I get there? By keeping my options open and exploring new opportunities in other towns such as Byron Bay, Ballina and Canberra. I tried new things and stepped out of my comfort zone. I began firstly working with race horses to complete my Certificate IV in business administration, moving on to apply for this business opportunity in Canberra. Since I started, I've progressed to being one of the top business units in the organisation and also among the top four sales people. I've now moved to Perth WA, to expand my business, and my plan is to become marketing director in 2018 and open up my very own office.

Advice for those still at school: stay and finish Year 12, study and up-skill yourself - you never know when you may need to know something. Don't limit yourself and step out of your comfort zone. Try new things and explore opportunities presented to you. Make new friends and create new stories, but most importantly, don't take yourself too seriously!

As a past student of The Henry Lawson High School, I'd like to give recognition to all the teachers and staff. Every single one of you had an impact on me and helped shape me into the person I am today. My time at THLHS remains a memorable one.



*Working together
for our children's future*

Meeting the second Monday of each month



Street stall - Friday 18 August

This term has been a very busy one for the P&C, we are so proud of our school community and everything we have achieved so far this year. Here we are on the other side of the Grenfell Henry Lawson Festival of Arts looking forward to some wonderful times ahead. Our next street stall is on Friday 18 August – mark it in your calendar!

Next Meeting

Our next meeting is on Monday 14 August at 7 pm in THLHS library. If you have never been to a P&C meeting, we would love to see you there. Come and learn about the wonderful ways our P&C supports our students and school community. Join our friendly group of parents and carers working together for our children's future.

CANTEEN ROSTER Week commencing 26 June

Monday	Keryl McCann
Tuesday	Ann Best
Wednesday	Vacant
Thursday	Cath Sullivan
Friday	Rae Dawson

Year 10 work experience

Year 10 have been out and about on work experience this week. The Henry Lawson High School is privileged to be able to offer two weeks of work experience to Year 10 students throughout the year. Their second week will be 20 – 24 November. Students may wish to begin making plans for this (especially those who struggle with their organisation skills).

Work experience creates areas of interest, or rules out professions for students. It also provides a chance to make work contacts and try out for future job opportunities. It also allows students to demonstrate those work related skills such as punctuality, work attire, showing initiative, communicating with adults, showing courtesy to others, following instructions and completing set work thoroughly.

The Henry Lawson High School would like to thank the many local businesses who have generously donated their time to assist students in our work experience program this term:

Greenethorpe PS

Circa 1935 Café

Grenfell PS

Bribbaree PS

Peter Mellon Motors

DD & CL Reid

Grenfell Internet Café

Walkers Ag n Vet

Lachlan Fertilizers

Egoista

Weddin Shire Council

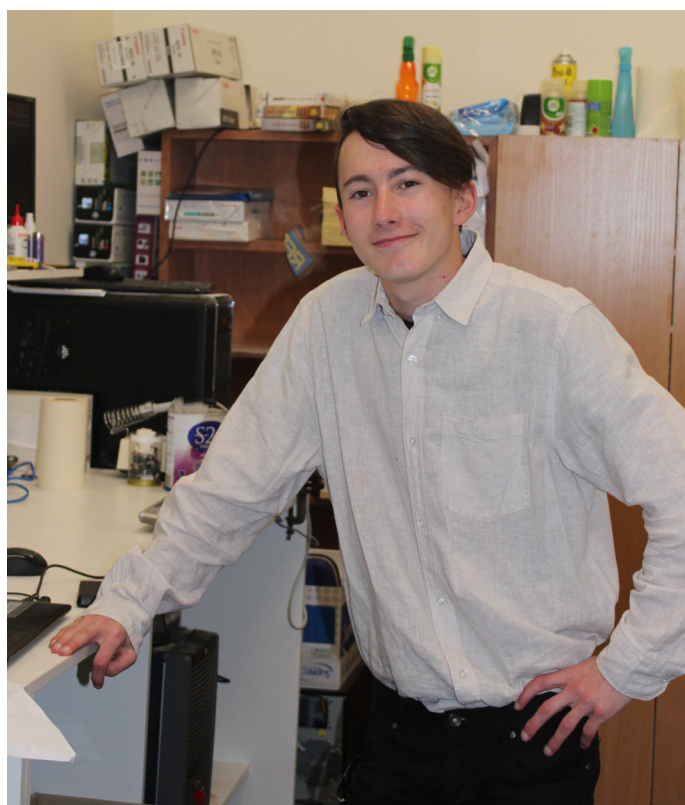
CJ Anderson

Makcrete P/L

Trevelli Construction

Grenfell Preschool and Long Day Care Centre





And the winner is ...

Congratulations to Wendy Ryder who is the lucky winner of the *Chef's Toolbox* package, generously donated by Trudy O'Byrne.

Thank you to all who supported the raffle and Hamish's fundraising efforts for his upcoming CHS cricket tour of the UK.



The Archibull needs your help!

The Henry Lawson High School art, agriculture and photography students are on a learning journey together, but without you this journey will be incomplete. We would love to hear from members of our community; tell us your ideas on sustainable living and contemporary farming practices. We invite farmers in our community to describe how technology is being used on your farm to improve yields or to discuss the practices of their fathers and grandfathers. We also invite members of the community to express their ideas on the issues raised on our blog, including climate change and recycling. Thanks in advance for your support.



Learning Centre

A learning centre operates in the library after school each Tuesday. The aim of the centre is to provide students with the opportunity to stay after school and work with teachers and fellow students on tasks or in groups, and to access internet and printing facilities, as well as all library facilities.

The library is made available from 3.35 - 5 pm enabling students to have a quick break after period 5 before starting at 3.35 pm. Students will also have the opportunity to break during the sessions. Students may decide week to week if they wish to attend.

This week they were treated to afternoon tea - freshly made scones thanks to Ms Crossley.



Country Education Foundation of Grenfell

Helping our local young people to achieve their dreams.

You can support us by donating; to find out more contact cefgrenfell@gmail.com or visit <http://engage.cef.org.au/directory/foundation/3085/grenfell>

Applications for 2018 scholarships open in July.

Well-being Corner

"I will persist until I succeed. Always will I take another step. If that is of no avail, I will take another, and yet another. In truth, one step at a time is not too difficult ... I know that small attempts, repeated, will complete any undertaking". *Og Mandino*

One step at a time. Small attempts, repeated. Keep these words in mind no matter what you attempt, and you'll reach any goal you set for yourself. If a single step seems too big or daunting, you can break it up into smaller steps. If a particular goal seems too hard to reach, you can break it up into a series of smaller goals.

TODAY

I will take one step toward a goal that's important to me.

Success at Dubbo Show

A team of 16 students from The Henry Lawson High School were very successful in the sheep section at the recently held Dubbo Show. Those that attended included Marie Knight, Heather Walker, Arabella Reid, Bridget Baker, Tanaya Holz, Jonathon Day, Tara Schaefer, Stephanie Davies, Kylee Lindsay, Taylor King, Caitlin Stock, Casey Walker, Harrison Starr, Tim Brown, Jack Knight and Joshua Pargeter.

We travelled to Dubbo on Thursday 25 May after a majority of the students had competed in a netball carnival at Parkes. On Friday the school's South Suffolk stud sheep were judged. They received a first place in the pair of rams class, second in the mature ram class, the milk tooth and mature ewe classes and the pair of milk tooth ewe classes.

Saturday, Tara Schaefer, Stephanie Davies and Heather Walker represented our school in the school's competition where they were judged on the presentation of the sheep and knowledge of the feeding and breeding programs of our sheep.

Sunday was their most successful day and this involved the students' junior judging and handler's classes. To excel, students need to handle the sheep correctly by checking the teeth, ears, shoulders, spring of ribs, thickness of topline, loin and muscling down into the twist with their hands. They also need to be well dressed with their shirt tucked in, sleeves not rolled up, boots cleaned and hair is neatly tied back.

In the meat sheep junior judging, Stephanie Davies at her first show, won the meat sheep junior judging, outclassing 63 seasoned competitors. She was judged by how she handled the sheep when judging, her placings compared to the judge and her presentation.

Taylor King, also at her first show, was awarded the prestigious prize for handling the wool sheep the most correctly when judging the merino sheep and she also placed second in the wool sheep junior judging. This involved checking the teeth, nose and ears of the sheep, parting the fleece gently on the poll, the neck folds, the shoulder, down the foreleg, and three spots along the side of the topline, then down the hind leg. As they part the fleece they then need to cover the opened staples. Again students are marked on their presentation and how they place the sheep.

Marie Knight placed sixth in the open junior judging against competitors up to the age of 25 years old. This was a great result considering the experience of the other judges. She was required to speak, outlining why she placed the sheep in the order she did. Marie spoke confidently and gave many accurate observations of the sheep.

Caitlin Stock and Stephanie Davies made it through to the finals of the handler's class, placing them in the top ten of 63 competitors. They had to stand the sheep square, turn the head towards the judge when he was checking the teeth and put their knee across the sheep's chest and hand on their back to stop them from moving when the judge assessed the sheep. The main priority should be the presentation of the sheep and the students have to move their position as the judge moves around the ring, in order to not impede the judge's view of the sheep. They also need to be observant of the judge's instructions.

Our students worked hard for six months to prepare the sheep and develop their skills and Mrs Baker said she was not surprised at how well they performed at the Dubbo show, as they had dedicated a lot of time towards learning the finer points of handling sheep and junior judging. We are now looking forward to the Grenfell show in September.



Aurora College enrollments now open.

Aurora College is the NSW Department of Education's virtual selective high school. Established in 2015, Aurora is providing innovative, flexible learning in a whole new context, by allowing students to connect locally and to learn globally.

Aurora offers selective classes in English, mathematics and science to gifted and talented Year 7-10 students from rural and remote areas across NSW. Students are chosen in the same way as students in all other selective classes in NSW government schools.

Applications for entry into Years 8 to 10 (2018) at Aurora College open 23 June 2017 and close on 25 July 2017.

For information on how to enrol, please visit <http://www.aurora.nsw.edu.au/learn/enrol/>.

Be transported ...

Continuing with this month's display theme ... *be transported back to another time in our great country's history* ... we have offer, for those of you that may prefer non-fiction, a new series titled *History Mysteries* which include the stories of doomed explorer, Ludwig Leichhardt, the lost treasure of Harold Lassiter's gold and the World War II mystery of Diamond Jack. These are great adventure and mystery stories, taken straight from our history and most suitable for students in Years 7, 8 and 9, as are titles in the series *Do You Dare?* Blending fact and fiction, these fast-paced, adventure-driven stories bring to life many facets of our past and make for compelling reading, driven by vivid action, great characters and some thrilling moments of jeopardy.

Older readers may wish to explore Anita Heist's latest novel, *Barbed Wire and Cherry Blossoms*, which uses the town of Cowra and the 1944 breakout of Japanese prisoners of war as its backdrop; always rewarding to read a book set in a place you know. Then there's *The Woolgrower's Companion* by Joy Rhoades set during 1945 on a NSW sheep station, this time including Italian POW's – more compelling reading!



STUDY SKILLS HANDBOOK MAKING THE MOST OF FEEDBACK

Throughout the year you will have been receiving feedback from your teachers about your assessments. But are you making the most of this feedback? Many students are too focused on what mark they received and neglect to make the most of the feedback they are given.

It's not just about what you did wrong either! The feedback is a chance to celebrate what you did right, what you understood and the skills and learning you demonstrated.

However it is also a chance to address areas you found difficult or did not perform as well in.

Below are some questions you can ask yourself when an assessment is returned to make the most of the feedback you are given.

When a test or exam is returned:

- What specific feedback did your teacher give you and how should you use that feedback?
- Will you be tested on these topics again or are they important for overall understanding in this subject?
- Which areas do you need to ask for help on as you still don't understand?
- Which questions from your test paper should you re-do? Re-do them!
- Should you re-write any questions or essays and re-submit?
- Was there any revision work you did not complete before the test?
- What topic areas do you need to review and revise, what should you do to address these?
- Are there topics you still need to finalise study notes on?
- Are there sections of your study notes that you need to re-do?
- Did you plan ahead to give yourself enough time to revise?
- What changes do you need to make in the way you study for that subject next time?
- Are there students who did really well that you can talk with to find what they did differently?

For other types of assessments:

- What parts of the assessment did you do really well?
- What did you enjoy about the assessment?
- What can you learn from the feedback you were given?
- Is there any part of the feedback you don't understand that you need to discuss with your teacher?
- Can you ask a student who did really well if you can look at their assessment so you can see what is needed to get top marks?
- What could you have done differently?
- Do you understand what you need to do to improve or do you need to ask your teacher for more guidance?

You can learn more about how to make the most of feedback at www.studyskillshandbook.com.au by logging in with the details below and working through some of the units, particularly the units on ASSIGNMENT SKILLS and AFTER TESTS AND EXAMS.

Username: THLHS

Password:49SUCCESS

GRENFELL CINEMA

Residents are hereby advised that the next films at the Grenfell Cinema will be shown as below:

Sing – Rated G - Wednesday 5 July 2017 – 2.00 pm

The Lego Batman Movie – Rated PG – Wednesday 12 July 2017 – 2.00 pm

Tickets are available from Louisa's Locker with prices detailed below.

\$20 family

\$8 single

\$5 pensioner

\$5 child (12 yrs.)

As there are limited tickets available residents are encouraged to book early.



RSVP

**The Henry Lawson
High School**

would like to invite you to
**Parent and Grandparent
Day!**

When: 24 July 2017

**12.35 pm: showcase in the
hall**

1.05 pm: open school

(an invitation to attend classes)

**1.35 pm: light refreshments
served**

RSVP: 19 July 2017

Student name:

**Number of relatives
attending:**

Please return to front office.

**If you have allergies or other dietary
requirements please notify the
school office.**

Grenfell's Bringing Healthy Back!



Don't miss out on our amazing FREE workshop

Run for Your Life

With Barnyard Coach Dan Benton

There are so many health benefits that you can achieve from running including better heart health, easier weight management, stronger bones and joints and improved mental wellbeing!

Discover the joy and benefits of running
Learn safe and efficient run technique
Start your running journey

With this fantastic ONE hour FREE workshop

As part of Grenfell Bring Healthy Back
On Sunday 25th June 2017



Henry Lawson High School
Sessions at 10-11am and 11.30-12.30pm
Bookings essential at Grenfell Community Health
Phone: as places are strictly limited
ALL LEVELS AND ALL AGES WELCOME
Bring water, a towel and a sense of fun!



Rural Mindfulness Workshop



with Narelle Hunter

WHEN: Tuesday 27th June

WHERE: Grenfell Bowling Club

TIME: 6-8pm

COST: \$25, includes nibbles, tea, coffee

BRING: Blanket, pillow & yoga mat (if you have one)

RSVP blissfullypresent@icloud.com

WHAT?? Rural Mindfulness. Stress Management Skills. Breathe. Improve flexibility, balance and mental focus. Renew energy levels and calm the nervous system.

First 15 Grenfell Bring Healthy Back registrations will enter free!

For more information <http://www.activefarmers.com.au/rural-mindfulness/>



Grenfell Bring Healthy Back
in Partnership with RAMHP
will be holding FREE training
In Mental Wellbeing Week

Mental Health First Aid

"Mental Health First Aid is learning how to support others in a mental health crisis until you can connect them to appropriate professional help or when the crisis subsides"

Wednesday 19th and Thursday 20th July

9am-4.30pm (lunch included)

The Hub Grenfell Presented by Di Gill RAMHP

Please register by Friday 14th July to reserve a place with Grenfell Community Health phone 63491777 or email camille.baldwin@health.nsw.gov.au

